

Skokie District 68 Elementary Schools

MARCH 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>TRY OUR ALL FRESH CUT FRUIT PLATE ON THURSDAY 3-07 With Fresh Pineapple, Fresh Honeydew & Cantaloupe</p>		<p>Celebrate National Nutrition Month By Choosing Wisely- Try a Lunch Salad with Cheese and a Whole Grain Roll</p>	<p>1 TEACHER INSTITUTE DAY No School</p>
4	5	6	7	8
Meatball Sandwich w/Mozzarella Cheese or Cheese Stuffed Whole Grain Sticks With tomato basil Dip Fruit & Veggies	Chicken Nuggets and Whole Grain Roll or Homemade Mac & Cheese w/Garlic Bread Fruit & Veggies	Cheese Pizza With Whole Grain Crust or Turkey Hot Dog on Whole Grain Bun Sliced Cucumbers Fruit & Veggies	Whole Grain Buttermilk Pancakes w/Egg Patty or Fresh Cut Fruit Plate with Fruity Yogurt Fruit & Veggies	Fish Fillet Sandwich With Cheese on Whole Grain Bun or Cheese Stuffed Whole Grain Sticks & Dip Fruit & Veggies
11	12	13	14	15
Soft Tacos w/Turkey Taco Meat & Shredded Cheese or Chicken Sandwich on Whole Grain Bun Fruit & Veggies	Nacho Supreme w/Taco Meat & Shredded Cheese or Cheese Stuffed Whole Grain Sticks & Dip Fruit & Veggies	Cheesy Garlic Flatbread or Salisbury Steak w/Smashed Potatoes and Gravy & Roll Green Peas Fruit & Veggies	Baked Pasta w/Mozzarella Cheese & Garlic Bread or Cheesy Burger Whole Kernel Corn Fruit & Veggies	Cheese Pizza With Whole Grain Crust or Whole Grain Mini Turkey Corn Dogs Steamed Spinach Fruit & Veggies
18	19	20	21	22
Spicy Chicken on Whole Grain Bun or Cheese Stuffed Whole-Grain Sticks & Dip Steamed Broccoli Fruit & Veggies	Nacho Supreme w/Taco Meat & Shredded Cheese or Cheese Stuffed Whole Grain Sticks Fruit & Veggies	Cheesy Garlic Flatbread or Salisbury Steak w/Smashed Potatoes and Gravy & Roll Baked Tater Tots Fruit & Veggies	Baked Rotini w/Mozzarella Cheese & Garlic Bread or Cheesy Burger on Whole Grain Bun Fruit & Veggies	NO STUDENT ATTENDANCE DAY NO SCHOOL
25	26	27	28	29
<p>SPRING BREAK NO SCHOOL</p>				

Lunch
\$2.90
Milk is Included With Meal

Milk
\$.65
A variety of Milk is Offered Daily

Questions about the menu?
Marv Barishman
arbor@skokie68.org
847-568-7586

For more information or to "Ask the Dietitian", check out our website!

Additional Entrees Available Daily:
Peanut Butter & Jelly Sandwich
American Cheese Sandwich
Meatless Garden Salad with Cheese & Whole Grain Roll
Turkey Cold-Cut Submarine Sandwich

choice of 2 vegetables & Fruit with every meal

Items in Green are the Vegetarian Choice

Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.