

Elementary Schools Skokie District 68

MAY 2019



Monday	Tuesday	Wednesday	Thursday	Friday
CINCO DE MAYO Special Menu May 3 JOIN US FOR LUNCH		1	2	3
		Nacho Supreme w/Turkey Taco Meat & Shredded Cheese Or Cheese Stuffed Whole Grain Stuffed Sticks & Dip Seasoned Green Beans Carroteenies Fruit Choice	Finger Fun Whole Grain French Toast Sticks Or Chicken Tenders With Whole Grain Roll Crispy Hash Browns Diced Tomatoes Fruit Choice	SPECIAL DAY Turkey Tacos & Cheese Or Cheese Quesadilla Refried Beans Spicy Salsa Fruit Choice
6	7	8	9	10
Soft Whole Grain Turkey Tacos With Cheese Or Chicken Sandwich on Whole Grain Bun Whole Kernel Corn Steamed Spinach Fruit Choice	Chicken Nuggets and Whole Grain Roll Or Homemade Mac & Cheese & Roll BBQ Baked Beans Herbed Fresh Baby Carrots Fruit Choice	Cheese Pizza With Whole Grain Crust Or Hot Dog on Whole Grain Bun Green Peas Sliced Cucumbers Fruit Choice	Whole Grain Pancakes With Egg Patty Or Fresh Cut Fruit Plate with Fruity Yogurt Green Beans Chilled Broccoli Buds Fruit Choice	Fish & Cheese Sandwich on Whole Grain Bun Or Cheese Stuffed Whole Grain Sticks & Dip Garbanzo Beans Steamed Carrots Fruit Choice
13	14	15	16	17
Chicken Sandwich on Whole Grain Bun Or Toasted Cheese Sandwich Carroteenies Steamed Broccoli Fruit Choice	Nacho Supreme w/Turkey Taco & Cheese Or Cheese Stuffed Whole Grain Sticks & Dip Baked Hash browns Baked Beans Fruit Choice	Cheesy Garlic Flatbread With Whole Grain Crust Or Spicy Chicken Sandwich on Whole Grain Bun Sliced Cucumbers Green Peas Fruit Choice	Baked Pasta with Cheese & Garlic Bread Or Cheesy Burger on Whole Grain Bun Seasoned Red Potatoes Diced Tomatoes Fruit Choice	Cheese Pizza With Whole Grain Crust Or Mini Turkey Corn Dogs With Whole Grain Crust Garbanzo Beans Steamed Spinach Fruit Choice
20	21	22	23	24
Cheese Stuffed Whole Grain Sticks & Dip Or Soft Turkey Taco With Cheese BBQ Baked Beans Baked Potato Tots Fruit Choice	Whole Grain Rotini Pasta With Meat Sauce & Roll Or Cheese Pizza With Whole Grain Crust Green Beans Steamed Carrots Fruit Choice	Homemade Cheese Quesadilla Or Mini Turkey Corn Dogs Fresh Mixed Coleslaw Fresh Cucumbers Fruit Choice	Chicken Nuggets and Whole Grain Bun Or Homemade Mac & Cheese & Roll Steamed Spinach Baked Hash Browns Fruit Choice	Cheesy Burger on Whole Grain Bun Or Strawberry Yogurt Whole Grain Banana Muffin Whole Kernel Corn Carroteenies Fruit Choice
27	28	29	30	31
MEMORIAL DAY NO SCHOOL	Toasted Cheese Sandwich Or Chicken Strips With Whole Grain Roll Baked Hash browns Sweet Potato Tots Fruit Choice	Chicago Style Hot Dog on Whole Grain Bun Or Cheese Pizza With Whole Grain Crust Sliced Cucumbers Fruit Choice	Buttermilk Pancakes w/Turkey Sausage Patty Or Hummus, Whole Grain Pita, And Veggie -Cut Plate Diced Tomatoes Fruit Choice	Chicken & Waffle Sandwich Or Cheese Garlic Flatbread Steamed Broccoli BBQ Baked Beans Fruit Choice

Lunch
\$2.90
 Milk is Included With Meal

Milk
\$.65
 A variety of Milk is Offered Daily

Questions about the menu?
 contact: Marv Barishman
arbor@skokie68.org
 847-568-7586

For more information or to "Ask the Dietitian", check out our website!




Available Daily:
 Peanut Butter & Jelly Sandwich
 American Cheese Sandwich
 Meatless Garden Salad & Cheese
 Turkey Cold-Cut Submarine Sandwich

Items in Green are the Non-Meat Choice

Pork is not served at Elementary School
 Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.