



arbor
Management, Inc.

**AUGUST 2019
ALL SCHOOLS
Skokie SD 68**



Grades K-8



Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

Category 1 Entrée

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks & Syrup or Strawberry Yogurt & Cinnamon Graham Bears or Cheese Stick & Chocolate Bears	Egg & Cheese Breakfast Sandwich on English Muffin or Cheese Stick & Cinnamon Graham Bears or Whole Grain Bagel & Cream Cheese	Chocolate Graham Bears & Cheese Stick or Buttermilk Waffles & Syrup or Whole Grain Bagel & Cream Cheese	Whole Grain Blueberry Muffin or Whole Grain Banana Muffin or Whole Grain Strawberry Pop Tart	Buttermilk Pancakes & Syrup or Cheese Stick & Chocolate Graham Bears or Whole Grain Bagel & Cream Cheese

Breakfast \$1.50

"Meal Deal"

We offer a complete Breakfast!
Entrée

Fruit Serving 1

Fruit Serving 2

Milk

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!

Category 2 Alternate Entrée Any Day

Whole Grain Rich Reduced Sugar Cereal in a variety of flavors served with Vanilla Graham Bears.

Category 3- Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.



BREAKFAST MEAL

-Please select 1 entrée from category 1 or 2.

-Select milk & one or both Fruit and/or juice

Category 4 - Choice of Milk

1% White or Skim Chocolate



Arbor Management, Inc. is pleased to be the food service provider to Skokie School District 68.

We welcome your comments and suggestions. Susan Goriel, Food Service Director @ 847-568-7586

