



Lunch
\$3.0 0
Milk is
Included
With Meal





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Monday	Tuesday	Wednesday	Thursday	Friday	Lunch Milk
			1	2	\$3.00 Milk is Included With Meal Solution 1011111 Will K Solution 1011111 Solution 1011111 Solution 10111111 Solution 1011111111 Solution 1011111111 Solution 1011111111111111111111111111111111111
5	6	7	8	9	Questions about the menu? contact: Susan Goriel arbor@skokie68.org 847-568-7586 For more information or to "Ask the Dietitian".
12	13	14 /FL 40MF D 4	15	16	check out our website!
20	21	/ELCOME BAG	23 23	24	Available Daily: Peanut Butter & Jelly Sandwich American Cheese Sandwich Meatless Garden Salad & Cheese
					Turkey Cold-Cut Submarine Sandwich Items in Green are the Non-Meat Choice
26	27	28	29	30	
INSTITUTE DAY	Toasted Cheese Sandwich or Chicken Strips With Whole Grain Roll Steamed Carrots Whole Kernel Corn Fruit Choice	Chicago Style Hot Dog on Whole Grain Bun or Whole Grain Cheese Pizza Sliced Cucumbers Green Beans Fruit Choice	Buttermilk Pancakes w/Turkey Sausage Patty or Cheese Quesadilla Steamed Spinach Tater Tots Fruit Choice	Chicken Nuggets or Cheesy Garlic Flatbread Steamed Zucchini BBQ Baked Beans Fruit Choice	Pork is not served at Elementary School Menu changes are occasionally necessary. Notice will be given when possible. This institution is an equal opportunity employer.