

Skokie District 68 ELEMENTARY SCHOOLS

February 2020





Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Pizza With Whole Grain Crust or Italian Meatball Sub w/ Mozzarella Cheese Fruit & Veggies	4 Spicy Chicken Sandwich on Whole Grain Bun or Toasted Cheese Sandwich Fruit & Veggies	5 Nacho Supreme w/Turkey Taco Meat & Shredded Cheese or Cheese Stuffed Whole Grain Sticks Fruit & Veggies	6 Birthday Treat Finger Fun Whole Grain French Toast Sticks or Chicken Tenders With Whole Grain Roll Crispy Hash Browns Fruit Choice	7 Cheesy Burger on Whole Grain Bun or Cheese Quesadilla on Whole Grain Tortillas Fresh Made Coleslaw BBQ Baked Beans Fruit Choice
10 Soft Tacos w/Taco Meat & Shredded Cheese Or Chicken Sandwich Fruit & Veggie	11 Chicken Nuggets and Whole Grain Roll Or Homemade Macaroni & Cheese w/ Roll BBQ Baked Beans Herbed Fresh Baby Carrots Fruit Choice	12 Cheese Pizza on a Whole Grain Crust Or Chicago Style Hot Dog Fruit & Veggie	13 Buttermilk Pancakes w/Egg Or Fresh Cut Fruit Plate with Fruity Yogurt Fruit & Veggie	14 Fish & Cheese Sandwich on Whole Grain Bun Or Cheese Stuffed Whole Grain Sticks & Dip Fruit & Veggie
17 PRESIDENTS' DAY NO SCHOOL	18 Nacho Supreme w/Taco Meat & Shredded Cheese Or Max Cheese Sticks Fruit & Veggie	19 Cheesy Garlic Flatbread Or Savory Salisbury Steak w/Mashed Potatoes and Gravy w/Roll Fruit & Veggie	20 Baked Pasta w/Mozzarella Cheese & Garlic Bread Or Cheesy Burger Fruit & Veggie	21 Cheese Pizza Or Mini Corn Dogs Steamed Broccoli Fruit & Veggie
24 Cheese Stuffed Whole Grain Sticks & Dip or Soft Turkey Taco With Cheese BBQ Baked Beans Baked Potato Tots Fruit Choice	25 Whole Grain Rotini Pasta w/Meat Sauce & Roll Or Cheese Pizza w/Whole Grain Crust Fruit & Veggie	26 Cheese Quesadilla Or Mini Corn Dogs Refried Beans Fruit & Veggie	27 Chicken Nuggets Or Homemade Macaroni & Cheese Steamed Broccoli Fruit & Veggie	28 Cheesy Burger Or Strawberry Yogurt w/Whole Grain Banana Muffin Fruit & Veggie

Lunch
\$3.00
Milk is
Included
With Meal

Milk
\$.65
A variety of
Milk is
Offered Daily

Questions about the menu?
Susan Goriel
arbor@skokie68.org
847-568-7586

For more information
or to "Ask the Dietitian",
check out our website!

Available Daily:
Peanut Butter & Jelly Sandwich
American Cheese Sandwich
Meatless Garden Salad & Cheese
Turkey Cold-Cut Submarine
Sandwich

Comprehensive nutrition & allergy
guides are
available in the Foodservice Office.

Items in Green are the
Non-Meat Choice

Pork is not served at Elementary School
(**) Served With a Roll
Menu changes are occasionally necessary.
Notice will be given when possible.
This institution is an equal opportunity
employer.