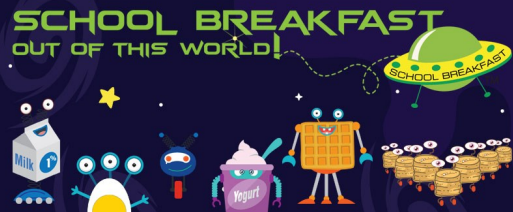


**March 2020  
ALL SCHOOLS  
Skokie SD 68**

**National School Breakfast  
Week  
March 2-6**



**Grades K-8**



**Arbor A+ Ingredients**

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!



**Category 1 Entrée**

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast Sticks & Syrup	Egg & Cheese Breakfast Sandwich on English Muffin	Chocolate Graham Bears & Cheese Stick	Whole Grain Blueberry Muffin	Buttermilk Pancakes & Syrup
or	or	or	or	or
Strawberry Yogurt & Cinnamon Graham Bears	Cheese Stick & Cinnamon Graham Bears	Buttermilk Waffles & Syrup	Whole Grain Banana Muffin	Cheese Stick & Chocolate Graham Bears
or	or	or	or	or
Cheese Stick & Chocolate Bears	Whole Grain Bagel & Cream Cheese	Whole Grain Bagel & Cream Cheese	Whole Grain Strawberry Pop Tart	Whole Grain Bagel & Cream Cheese

**Breakfast \$1.50**

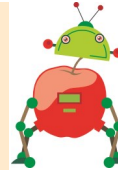
**"Meal Deal"**

We offer a complete Breakfast!  
Entrée  
Fruit Serving 1  
Fruit Serving 2  
Milk

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!

**Category 2 Alternate Entrée Any Day**

Whole Grain Rich Reduced Sugar Cereal in a variety of flavors served with Vanilla Graham Bears.



**BREAKFAST MEAL**  
-Please select 1 entrée from category 1 or 2.  
-Select milk & one or both Fruit and/or juice



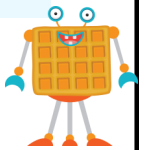
**Category 3- Fruit or Juice**

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit



**Category 4 - Choice of Milk**  
1% White or Skim Chocolate

You may have 2 servings of fruit, but you must have at least 1 serving.



Arbor Management, Inc. is pleased to be the food service provider to Skokie School District 68.

We welcome your comments and suggestions. Susan Goriel, Food Service Director @ 847-568-7586

