

## Spring 2018 ALL Program Guide (Spring session: 4/9/18-5/24/18)

- Registration will open Friday, 3/9/18 @ 8:30 AM and closes Monday, 3/23/2018 @ 5 PM.
- ALL registrations are done through our on-line registration system: <https://d97pto.wufoo.com/forms/longfellow-spring-session-2018/>
- Payments are accepted online by credit card at the time of registration or by check (payable to Longfellow PTO) in the school office. A limited number of need-based scholarships are available. To apply for a scholarship, please fill out the registration form at the following link: <https://goo.gl/forms/D6GQv9BbayvfaqFd2>. Classes are filled on a first come, first served basis.
- No refunds are issued after the first week of classes and classes may be canceled due to insufficient enrollment.

						Grades				
		Instructor	# classes	price	K	1	2	3	4	5
Monday										
	CORE Music Foundation presents CORE Music Club	Yakira Levi	7	\$73				✓	✓	✓
Begins May 7	Wiffleball (meets M/Tu for 3 weeks)	Wifflot	6	\$33	✓	✓	✓			
	The Art Factory	Michaela Ruff	7	\$78			✓	✓	✓	✓
	Chess Club	Paul Goyette and Esmeralda Ojeda	7	\$73				✓	✓	✓
	Chess Club Jr.	Dan Wonk	7	\$73		✓	✓			
No class 5/21	So You Think You Can Add	Lindsey Bennett	6	\$63	✓	✓	✓			
Tuesday										
	Yoga 3 to 5	Natalie Coon	7	\$122				✓	✓	✓
	Jazz/Hip Hop/Tumbling - Recital Season!	TranscenDance	7	\$93		✓	✓	✓	✓	✓
Begins May 7	Wiffleball (meets M/Tu for 3 weeks)	Wifflot	6	see above	✓	✓	✓			
	NASA Blast Off	Mad Science	7	\$136				✓	✓	✓
	Longfellow Newspaper Club	Allison Ibarra	7	\$73				✓	✓	✓
Materials fee of \$5 included	Stories and STEAM!	Sharon Pearce	7	\$78	✓	✓	✓			
Meets Tu/Th Boys only	Running for Yourself and Others	Eric Podlasek and Michael Sorensen	14	\$157				✓	✓	✓
Wednesday										
	Playmakers Theater	Rhona Taylor	7	\$73	✓	✓	✓			
Begins May 7	Multi-Sport Madness (3 to 5)	Legacy Sports	4	\$55				✓	✓	✓
	Kids Crafting for Good	Giving Artfully Kids	7	\$122		✓	✓	✓	✓	✓
	Let’s Build It: Chain Reactions	After School Enrichment	7	\$122		✓	✓	✓	✓	✓
Thursday										
	Yoga K to 2	Erica (Emmendorfer) Endicott	7	\$73	✓	✓	✓			
Begins May 8	Multi-Sport Madness (K-2)	Legacy Sports	4	\$55	✓	✓	✓			
	Talent Show Studio	Rory Utter and Lindsay Golemes	7	\$73				✓	✓	✓
	Good Food Experience	Sugar Beet Schoolhouse	7	\$108	✓	✓	✓	✓	✓	✓
Meets Tu/Th Boys only	Running for Yourself and Others	Eric Podlasek and Michael Sorensen	14	see above				✓	✓	✓
	Crossfit Kids	Crossfit Spero	7	\$122				✓	✓	✓

**+The Art Factory** (2<sup>nd</sup>-5<sup>th</sup>, min 6, max 15) by Michaela Ruff, Longfellow art teacher. The sky is the limit when young artists use their imagination to create different projects each week. The mission of this class is to foster a community of artists in a creative atmosphere of inspiration, collaboration, and education. Students will work with a variety of media, such as painting, drawing, quilling, garden art, and mixed media, while exploring and developing new methods and applications.

**+Chess Club and Chess Club Jr.** (3<sup>rd</sup>-5<sup>th</sup>, min 10, max 25; 1<sup>st</sup>-2<sup>nd</sup>, min 6, max 10) by Paul Goyette and Esmeralda Ojeda, Longfellow teacher; by Dan Wonk, Longfellow teacher's aide. This session goes over rules, strategies, and good sportsmanship. The focus is using higher-order thinking skills while they have fun playing a great game.

**+CORE Music Club** (3<sup>rd</sup>-5<sup>th</sup>, min 6, max 14) by CORE Music Foundation. Students express themselves creatively through music and movement. Participants will experience listening to music, dancing to music, and creating music. CORE Music Foundation (not-for-profit) aims to provide educational programming in the arts, mainly music and literacy. We provide outlets for creative expression, social interaction and entertainment.

**+Crossfit Kids** (3<sup>rd</sup>-5<sup>th</sup>, min 5, max 6) by Crossfit Spero. Students will participate in a fully-inclusive, non-competitive environment designed for everyone from couch potatoes to super athletes. This class is designed to build self-confidence, teach self-reliance, and establish habits for a lifetime of health and fitness. The focus of activity is on age-appropriate resistance training to help kids develop bone density and skeletal muscle.

**+Giving Artfully: Kids Crafting for Good** (1<sup>st</sup>-5<sup>th</sup>, min 6, max 20) by Suzanne Cronacher and Tania Wilson, Giving Artfully Kids. This class will give kids first-hand experience of what it feels like to help others who are in need. Children will select and learn about a cause and then will create items to donate to their cause. The instructors plan to engage the children with hands-on crafting and thoughtful discussion about how we all can contribute to society.

**+Good Food Experience** (K-5<sup>th</sup>, min 8, max 12) by Cheryl Munoz, Sugar Beet Food Co-op. From starting a garden from seed to preparing tasty seasonal snacks, students will learn how they can be part of the Good Food movement! What is Good Food? We'll find out through hands-on garden projects, local food tastings, and awesome visits from Good Food advocates who are making the world healthier, and tastier, through their work. Please note this class with take place both inside and outside in the garden.

**+Jazz/Hip Hop/Tumbling** (1<sup>st</sup>-5<sup>th</sup>, min 6, max 16) by TranscenDance Studios. Dancers will learn the most current jazz and hip hop moves, and dance to today's most popular music hits. By the end of the session, students will learn a dance and perform it on stage at Julian Middle School in TranscenDance Studios' professionally staged recital on June 2 or 3 (TBD). Recital participation is optional, and nonparticipants will still get to fully enjoy classes. More information upon registration. Dancers should wear comfortable clothing they can move in and gym shoes.

**+Let's Build It: Chain Reactions** (1<sup>st</sup>-5<sup>th</sup>, min 6, max 15) by After School Enrichment. See the laws of motion at work in this thrilling, hands-on course. Students will construct machines, like the Heavyweight Hammer and the Spin-o-Matic, and then combine them to create exciting chain reactions! Each week, the chain reactions will become more complex. The projects will afford students the opportunity to delve into concepts such as force, gravity, velocity, types of energy, and balance.

**+Longfellow Newspaper Club** (3<sup>rd</sup>-5<sup>th</sup>, min 6, max 18) by Allison Ibarra, Longfellow teacher. Student writers and reporters are needed for the new Longfellow "Bears Bulletin" school newspaper! Students will conduct interviews around school and report on school and community news and events. The Bears Bulletin student staff will produce and publish our new school newspaper.

**+Multi-Sport Madness** (K-2<sup>nd</sup>, 3<sup>rd</sup>-5<sup>th</sup>, min 10, max 18) by Legacy Sports. Students will play different games/sports: hand hockey, capture the flag, battleship, floor hockey and dozens of other games offered from Legacy Sports Camp.

**+NASA Blast Off** (3<sup>rd</sup>-5<sup>th</sup>, min 12, max 23) by Mad Science. Mad Science brings you the excitement and wonder of space in the Academy of Future Space Explorers program, featuring exciting activities from the NASA Langley Center for Distance Learning. The unique programming includes building your own rockets, exploring space phenomena, learning about living in space and more!

**+Playmakers Theater** (K-2<sup>nd</sup>, min 5, max 14) by Rhona Taylor. All you need to bring is your imagination, sense of humor and team spirit. We'll mix in theater games, improvisation, and acting skills to create a performance based on our interpretation of stories we love and the original scenes we develop together during our class.

**+Running for Yourself and Others** (3<sup>rd</sup>-5<sup>th</sup>, min 10, max 15) by Eric Podlasek and Michael Sorensen, Longfellow teachers. The goal of this class is to increase boys' self-confidence and self-concept by practicing something and becoming good at it AND by helping others. The class will culminate in a 5K race run together.

**+So You Think You Can Add** (K-2<sup>nd</sup>, min 6, max 18) by Lindsey Bennett. This math-focused class gives students the opportunity to sharpen math skills in a non-competitive environment that focuses on fun to increase overall excitement about learning crucial math capabilities. The goal is to encourage strong math skills by providing opportunities for children to engage in logical reasoning and critical thinking through a variety of fun activities.

**+Stories and STEAM** (K-2<sup>nd</sup>, min 6, max 18) by Sharon Pearce, Longfellow librarian. Designed for kids who like books and building, reading and re-creating, and library learning with Legos. Each class we'll read a picture book and complete a literature-related hands-on project using science, technology, engineering, arts, or math.

**+Talent Show Studio** (3<sup>rd</sup>-5<sup>th</sup>, min 12, max 25) by Rory Utter and Lindsay Golemes, Longfellow teachers. Calling all backstage crew and video-recording experts! The talent show is fast approaching and we need your help. Students will be helping to create the "Longfellow's Got Talent" opening video. If you are interested in recruiting talent, as well as creating, editing or producing videos, this is the class for you! Participants will also design the banner and flyers for the night of the show. Students do not need to be in the talent show in order to participate.

**+Yoga (K-2<sup>nd</sup>)** (min 6, max 15) by Erica (Emmendorfer) Endicott, Longfellow teacher. Be a cow! Be a puppy! Be a dolphin! Be the best you can be! As children learn yoga poses and breathing techniques they will also learn the benefits of each. The goal is to turn the fun we have in yoga into translatable skills that can be used in many life situations. **Yoga mat or large towel required.**

**+Yoga (3<sup>rd</sup>-5<sup>th</sup>)** (min 6, max 10) by Natalie Coon. The focus of this course is to teach children to develop self-regulation skills, along with self-awareness and self-mastery. This class incorporates breath awareness, warm up, asanas (yoga poses), meditation, and more. **Yoga mat or large towel required.**

**+Wiffleball** (K-2<sup>nd</sup>, min 14, max 20) by Wiffliot. Come join us for this fun variation on the sport of baseball! Reminiscent of days when kids came home when the streetlights came on, wiffleball is played using a perforated, light-weight, resilient plastic ball and a long, typically yellow, plastic bat. In this three-week class, you'll end your school year on a high-note while getting ready to own the sandlot this summer.