## Women and Girls

## EMPOWERMENT NIGHT HOSTED BY KELLY KITLEY

## WEDNESDAY, MARCH 21ST

6:30pm - 8:00pm Longfellow Elementary School

Join this conversation with Kelley Kitley who will work with women and girls to enhance confidence in body and mind through experiential body movements and pyschoeducation.

Licensed Clinical Social Worker, and sought after international women's mental health expert and author of "MY self". Kelley has appeared in over 100 publications, podcasts, live news and radio shows.

We welcome all female-identifying adults and their female-identifying students, including those who are nonbinary or agender and wish to participate.

Childcare is available! To sign up please use the link below https://tinyurl.com/Longfellowempower

THIS EVENT IS HOSTED BY LONGFELLOW DIVERSITY COMMITTEE FOR MORE INFORMATION EMAIL VP\_DIVERSITY@ LONGFELLOWPTO.ORG