

SIBLING SUPPORT SERIES

All sessions held at the Main Library, 834 Lake St.

SIBLING LEADERSHIP NETWORK

The mission of the Sibling Leadership Network is to provide siblings of individuals with disabilities the information, support and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

siblingleadership.org

Parent Workshop: Focus on Kids Who Have a Sibling with Disabilities

**Saturday, March 14, 2:30-3:30 pm,
Small Meeting Room**

This workshop is geared to parents of children with disabilities to talk about their other kids, the siblings! Insights will be shared about what siblings want parents to know about growing up with a brother or sister with disabilities.

Parents will leave with information and resources to support siblings at various stages of life. This session coincides with a Sibshop for young siblings of people with disabilities. Parents can drop kids ages 6-15 off at the Sibshop and come enjoy this session for themselves.

Kids Sibshop

**Saturday, March 14,
2:30-3:30pm, Storytime Room**

Come connect with other kids who share the experience of having a brother or sister with a disability.

We will play games, do activities, and talk about topics such as: answering questions about your sibling, handling big feelings, navigating your role as a sibling, and more!

This session will be led by Miss Shelley, your children's librarian, big sister of a disabled man, and trained Sibshop leader.

For kids ages 6-15.

Sibling Workshop: Adults with a Brother or Sister with Disabilities

Thursday, March 19, 7-8 pm, Storytime Room

Come meet with other adults who have a brother or sister with disabilities to share experiences and insights and get resources for support.

The Sibling Leadership Network (SLN) will be sharing invaluable information and providing support for adults who have siblings with disabilities. Siblings often have the longest relationship of their lives with each other and may take on greater support and caring roles for their brothers and sisters with disabilities as parents age.

Planning for the future is important for families to do to ensure that everyone has a voice and a choice in the process and is comfortable for potential future roles. This workshop will share information and resources for adult siblings to help families plan for the future.

