



COVID-19 Symptom Checker & Instructions for Symptomatic Students



Check for symptoms daily:

- Fever (100.4 or higher)
- New cough
- Shortness of breath or difficulty breathing
- Fatigue from unknown cause
- Muscle or body aches from unknown cause
- Moderate/severe headache
- New loss of taste or smell
- Sore throat
- Vomiting
- Diarrhea



If your child has one or more symptoms of COVID-19:

1. **Keep your child home and contact the school nurse.** Following IDPH exclusion guidelines, the nurse will determine requirements for returning to school. Students who are excluded under this criteria may participate in remote learning. Asymptomatic unvaccinated sibling(s) may stay in school for 24 hours while a symptomatic student is waiting for test results or a medical evaluation. If results have not been received after 24 hours, the sibling(s) must remain at home until the nurse clears them to return.
2. **Contact your physician for testing and evaluation.*** [CLICK HERE](#) for a list of local testing sites. **Complete required testing to rule out COVID-19.**** Test must be taken within 48 hours after symptom onset. Testing options to return to school are a negative PCR OR negative NAAT result. *NAAT is the ONLY rapid PCR being accepted by the Oak Park Health Department for clearance.*

*Alternative diagnoses and/or rapid antigen results are no longer accepted. Please see #2 for acceptable tests (per updated guidance).

**Negative COVID-19 diagnostic tests are valid only for the date on which they are collected, per the Oak Park Department of Public Health.



Return to school procedures for symptomatic students:

- **If your child tests positive for COVID-19**, they must stay home for at least 10 calendar days from onset of symptoms. Students may return after the 10 calendar day quarantine if they have been fever free for 24 hours without the use of fever reducing medication; 48 hours free from vomiting and diarrhea; AND their symptoms have improved/resolved.
- **If your child tests negative for COVID-19**, they must stay home until symptoms have improved/resolve, including being fever-free for 24 hours without the use of fever reducing medication and 48 hours free from vomiting and diarrhea.
- **If you do NOT have your child tested for COVID-19 within 48 hours after symptom onset**, they will be excluded from school for at least 10 calendar days. Students may return after the 10 calendar days if they have been fever free for 24 hours without the use of fever reducing medication; 48 hours free from vomiting and diarrhea; AND their symptoms have improved/resolved. Their siblings will also be excluded from school for 10 calendar days.

IMPORTANT: Students may not return to school without clearance from a school nurse (see below).



Do not send your child back to school until you have received written clearance from the school nurse. Students are cleared to return to school on a case-by-case basis once the required information has been received and reviewed. At the end of your child's quarantine, an email to your school nurse must be provided by a parent/guardian certifying that your child has remained symptom free and/or has not tested positive for COVID-19 during their quarantine period.