

# 2025-26 D97 Breakfast Menu

## Brooks, Irving, Julian, Longfellow, Lincoln

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK A	<b>Whole Grain Cereal Breakfast Kit</b> Fresh Fruit Milk	<b>Whole Grain Muffin</b> <small>E,M,S,W</small> Fresh Fruit Milk	<b>Turkey Sausage w/American Cheese on WG English Muffin</b> <small>M, W, S</small> Fresh Fruit Milk	<b>Cereal Bar w/String Cheese</b> Fresh Fruit Milk	<b>Whole Grain Maple Waffle</b> <small>E,M,S,W</small> Fresh Fruit Milk
WEEK B	<b>Whole Grain Cereal Breakfast Kit</b> Fresh Fruit Milk	<b>Mini Strawberry Cream Cheese Bagel</b> <small>M, W</small> Fresh Fruit Milk	<b>Whole Grain Cinnamon Waffle</b> <small>E,M,S,W</small> Fresh Fruit Milk	<b>Whole Grain Muffin</b> <small>E,M,S,W</small> Fresh Fruit Milk	<b>Pull-Apart Cinnamon Rolls</b> <small>M, W</small> Fresh Fruit Milk
WEEK C	<b>Whole Grain Cereal Breakfast Kit</b> Fresh Fruit Milk	<b>Whole Grain Muffin</b> <small>E,M,S,W</small> Fresh Fruit Milk	<b>Whole Grain Maple Waffle</b> <small>E,M,S,W</small> Fresh Fruit Milk	<b>Cereal Bar w/String Cheese</b> Fresh Fruit Milk	<b>Mini Strawberry Cream Cheese Bagel</b> <small>M, W</small> Fresh Fruit Milk

\*Menu is subject to change\*

H=School Holiday • TI=Teacher Institutes • X=Not in Attendance • This institution is an equal opportunity employer.

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY	MARCH	APRI	MAY/JUNE
M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F
	H 2 3 4 5			1 2 3 4 5		2 3 4 5 6	2 3 4 5 6		
4 5 6 7 8	8 9 10 11 12	6 7 8 9 10	3 4 5 6 7	8 9 10 11 12	TI 6 7 8 9	9 10 11 12 TI	9 10 11 12 13	6 7 8 9 10	4 5 6 7 8
11 12 13 14 15	15 16 17 18 19	H 14 15 16 17	10 11 12 13 14	15 16 17 18 19	12 13 14 15 16	H 17 18 19 20	16 TI 18 19 20	13 14 15 16 17	11 12 13 14 15
TI TI 20 21 22	22 H 24 25 26	20 21 22 23 TI	17 18 19 20 21	X X X X X	H 20 21 22 23	23 24 25 26 27	23 24 25 26 27	20 21 22 23 24	18 19 20 21 22
25 26 27 28 29	29 30	27 28 29 30 31	24 25 H H H	X X X	26 27 28 29 30		X X	27 28 29 30	H 26 27 28 29
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### Allergen Guide

E: Eggs | M: Milk | S: Soy | SO: Soybean Oil | W: Wheat

\*ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients is available on the product label. FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.

OPRF High School is not a nut-free facility.

For more information about District 97 Meal Program, please  
 contact: Ms. Carla Ellis,  
 Food Service Coordinator - cellis@op97.org  
 Or visit: <http://www.op97.org/business-office/food-service>

