2026-2027 D97 Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK A	**Cheddar Cheeseburger** SO, W, M **Potatoes** SO Assorted Fruit *MS: Cookie* W,S, M, E	**Cheese Pizza** M,S,W Assorted Vegetable Assorted Fruit *MS: Ranch Corn* M	**Beef Nachos** S with Cheese M **Refried Beans** Assorted Fruit *MS: Salsa*	**Chicken Tenders** S,W with BBQ Sauce **& Cheddar Goldfish** M, W Assorted Fruit Assorted Vegetable *MS: Larger Entree*	**Pancakes** E,M,W,SO with Syrup **& Turkey Sausage** Assorted Fruit Assorted Vegetable *MS: Yogurt Cup* M
	Turkey and Cheddar Cheese Sandwich M,SO,W		**Cocoa Chocolate Chickpea Butter Sandwich** W,SO, S		
WEEK B	**All Beef Hot Dog** SO, W **Baked Beans** Assorted Fruit *MS: Chips* W	**Macaroni & Cheese** E,M,W **with Veggie Nuggets** S,W Assorted Fruit Assorted Vegetable *MS: Larger Entree*	**Orange Chicken** E,S,W **& Quinoa Brown Rice** Assorted Fruit Assorted Vegetable *MS: Fortune Cookie* W, S	**Italian Cheese Breadsticks** M,W,SO,S with marinara sauce Assorted Fruit Assorted Vegetable *MS: Caesar Salad* E,SO, M	**Blueberry Waffle** M, E, W **& Greek Yogurt** M Assorted Fruit Assorted Vegetable *MS: Hardboiled Egg* E
	Turkey Ham & Cheddar Cheese Sub M,SO,W		**Pizza Kit: Flatbread Crust** SO,W,M**, Marinara Sauce, Mozzarella Cheese** M		
WEEK C	**Rotini** W **w/ Beef Meat Sauce** SO Assorted Fruit Assorted Vegetable *MS: Dinner Roll* SE, SO,W	**Detroit-Style Cheese Pizza** W, SO, M Assorted Fruit Assorted Vegetable *MS: Brownie* S,W	**Popcorn Chicken** W,S with BBQ Sauce **& Graham Cracker** SO, S, W Assorted Fruit Assorted Vegetable *MS: Pasta Salad* W, M, E,SO	***Entrée of the Month*** (see table below) Assorted Fruit Assorted Vegetable *MS: Goldfish Crackers* W,SO,M	**Scrambled Eggs w/ Turkey Ham & Cheddar** E,M **Cheese w/ Muffin** SO, E, W **Breakfast Potatoes** SO Assorted Fruit *MS: 100% Fruit Juice*
	Turkey and Cheddar Cheese Sandwich M,SO,W		**Cocoa Chocolate Chickpea Butter Sandwich** W,SO, S		
DAILY	**Vegetarian Garden Salad with Mozzarella String Cheese** M **& Whole Grain Cracker** W, SO **Yogurt Kit** M,S,W**: Yogurt Cup** M**, Wheat Crackers** W ,S**, Mozzarella String Cheese** M **& Goldfish Cracker** W,SO ***Middle School Additional Offering (*MS*)**: Middle School Students receive an extra fruit, vegetable, protein, whole grain, or a Larger Entrée portion each day				

Allergen Guide **E**: Eggs | **M**: Milk | **S**: Soy | **W**: Wheat | **SO**: Soybean Oil | **SE:** Sesame

*ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients is available on the product label. FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.

OPRF High School is not a nut-free facility.

Entrée of the Month: August to December

September 10	Crispy Chicken Sandwich
October 1	Chicken Pot Pie with a Biscuit
October 22	Ham & Cheese Croissant Sandwich
November 12	Thanksgiving Meal
December 3	Chili with Cornbread

Nutrition Notes

We follow the robust USDA guidelines that provide a well-balanced meal for students, including protein, grains, fruits, vegetables and milk. Our grains are always whole-grain (WG), proteins are lean and low-sodium; fruit and vegetables are plentiful and sourced from America; and milk is local and free from rBST and HFCF.

= Vegetarian Entrée

AUGUST				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
TI	TI	26	27	28
31				

SEPTEMBER				
M	T	W	T	F
	1	2	3	4
H	8	9	10	11
14	15	16	17	18
X	22	23	24	25
28	29	30		

OCTOBER				
M	T	W	T	F
			1	2
5	6	7	8	9
H	13	14	15	16
19	20	21	22	X
26	27	28	29	30

NOVEMBER				
M	T	W	T	F
2	H	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	X	X	X
30				

DECEMBER				
M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
X	X	X	X	X
X	X	X		

JANUARY				
M	T	W	T	F
				X
4	5	6	7	8
11	12	13	14	15
H	19	20	21	22
25	26	27	28	29

FEBRUARY				
M	T	W	T	F
1	2	3	4	5
8	9	10	11	TI
H	16	17	18	19
22	23	24	25	26

MARCH				
M	T	W	T	F
TI	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	X
X	X	X		

APRIL				
M	T	W	T	F
			X	X
5	TI	7	8	9
12	13	14	15	16
19	21	21	22	23
26	27	28	29	30

MAY/JUNE				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
H	1	2	3	4
7	8	9		

Check your student's account online. To make online payments and check balances, visit: https://www.mymealtime.com/

For more information about District 97 Meal Program, please contact: Ms. Carla Ellis, Food Service Coordinator - cellis@op97.org
Or visit: http://www.op97.org/business-office/food-service