Kids Unlimited℠

# NEW PROGRAMS

## OCT 12- DEC 17

**Fall II Groups**
OCT 12- DEC 17

**Big Emotions • Focus • Self-Regulation • Friendships • Picky Eating • Organization •Screen Time & Social Media**



## Help your child succeed with one of our fun skill-building programs



## Each program focuses on a specific area of development

- Navigating **BIG EMOTIONS** and **HIGH ENERGY LEVELS**
- **SELF-REGULATION** of thoughts, emotions, and behaviors
- **EXECUTIVE FUNCTION, FOCUS & ORGANIZATION**
- Building **FRIENDSHIPS AND SOCIAL SKILLS**
- Creating healthy habits for **SCREEN TIME/ SOCIAL MEDIA**



Our unique movement-based programs designed with carefully created curricula help children grow, build confidence, and thrive in school, the playground & home.

For **detailed information** scan this QR code or **Click here**



**Meets 1/week Oct 12 -Dec 17**
**Programs for Ages 2-14+**

Spots are limited- Secure your spot!
**Scan this QR code** or **Click here** today!

"Distribution of information by a community group in accordance with District 97 policy does not imply, directly or indirectly, that the group's program(s), event(s) and/or service(s) is sanctioned, sponsored or endorsed by the district, the Board of Education or the superintendent."

**820 North Boulevard Oak Park, IL 60301 (708) 524-2445**
**Occupational, Physical, Speech Therapy & Social Work**
**kidsunlimitedtherapyservices.com**