

Lemont-Bromberek Combined School District 113A

Conflict Resolution/Violence Prevention Goals

Grades 3 – 5

Students Will:

Impulse Control, Goal-Setting and Problem Solving

- Initiate, continue and end a conversation in a friendly way.
- Resist peer pressure using assertive refusal skills and a problem-solving strategy.
- Resist the impulse to steal by applying a problem-solving strategy.
- Resist the impulse to lie by applying a problem-solving strategy.
- Give and receive compliments without being misunderstood.
- Identify problems, overcome impulsive behavior by brainstorming possible solutions, and choose a fair, safe and workable solution.
- Break a solution into steps and then try and evaluate the solution, employing a different solution if necessary.
- Use problem solving to keep a promise.
- Identify the cause of a fear and apply the problem-solving strategy to deal with the fear.
- Take responsibility for own actions by acknowledging mistakes, apologizing and offering to make amends.
- Use assertive refusal skills and the problem-solving strategy to resist peer pressure.
- Recognize gossip and use the problem-solving strategy to deal with it.
- Apply the problem-solving strategy to resist the impulse to cheat.
- Set goals to improve personal and social skills.

Empathy and Diversity

- Understand that people can have conflicting feelings about a situation.
- Identify and practice active listening skills.
- Show concern for another person.
- Describe the ways that people are similar and different.
- Use physical and verbal clues to identify others' feelings.
- Understand how and why people perceive situations differently.
- Be supportive when others share their feelings.
- Observe how one's actions can affect others.
- Predict others' feelings that may result from own or others' actions.
- Recognize that everyone is different and find ways to accept people's differences.
- Recognize others' rights and offer fair solutions to a problem.

Communication, Cooperation and Anger Management

- Apply the anger-management process to deal with an accusation.
- Identify positive responses for dealing with disappointment.
- Use respectful, assertive behavior to make and respond to a complaint.
- Use calming-down techniques to keep from jumping to conclusions when solving a problem.
- Use reflection to evaluate performance in pressure situations.
- Use the anger-management and problem-solving processes to deal with put-downs.
- Use the anger-management process to deal with frustration.
- Take responsibility for own actions.
- Use the anger-management process to peacefully deal with an accusation.
- Apply anger-management techniques and the problem-solving strategy to avoid physical altercations.
- Determine responsible behavior in dealing with the consequences of one's own actions.
- Work together with peers to accomplish a school-related project.
- Identify and perform roles that contribute to the school community.
- Identify and perform roles that contribute to one's local community.

Bullying Prevention

- Define bullying.
- Identify adults to whom students may report bullying behavior.
- Identify and define the roles of a bully, a target and a bystander.
- Recognize reasons that some students choose to bully.
- Name actions students can take to help prevent bullying.
- Apply strategies for standing up for themselves and peers.
- Work together and enjoy each other's differences.