

Staff Lunch Menu November 2020 Lemont-Bromberek SD113A

All entrees \$4.25 All Entrees are served with: Fresh or Chilled Fruit. Sides Chips, Breads or Crackers

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| 2 Grilled Chicken BLT Chip Fresh Fruit | 3 No School | 4 Turkey BLT Chips Fresh Fruit | 5 Turkey & Cheese Sandwich Chips Fresh Fruit | 6 Asian Chicken Wrap Crackers Fresh Fruit |
| 9 Grilled Chicken BLT Sandwich Chips Fresh Fruit | 10 Turkey & Cheese Sandwich Chips Fresh Fruit | 11 Chicken Pesto Bowl Crackers Fresh Fruit | 12 Turkey BLT Chips Fresh Fruit | 13 Asian Chicken Wrap Crackers Fresh Fruit |
| 16 Grilled Chicken BLT Chips Fresh Fruit | 17 Turkey & Cheese Sandwich Chips Fresh Fruit | 18 Chicken Pesto Bowl Crackers Fresh Fruit | 19 Turkey BLT Chips Fresh Fruit | 20 Asian Chicken Wrap Crackers Fresh Fruit |
| 23 Break | 24 Break | 25 Break | 26 Happy Thanksgiving | 27 Break |
| 30 Grilled Chicken BKT Chips Fresh Fruit | | | | |

**TO MAKE AN ONLINE LUNCH
 PAYMENT, GO TO [Skyward](#). go
 to Food, go to make payment**

Questions or comments?
 Please call Laurel Hanson at
 630-257-2286 Ext. 4141

**LET'S GET
 COOKING**



FUN FACT!



Many fruits and vegetables are available in fresh, frozen and canned varieties. Frozen is sometimes more convenient and just as nutritious as fresh. Choosing frozen can be a good way of enjoying fruit or vegetables that are not in season locally.

Discovery
 KIDS

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|----------------|-------------------|---------------------|-----------------|
| Week 1 | | | | |
| | Bread Hoagie | Ranch Dressing | Ranch Dressing | Tai Chili Sauce |
| | Mayo | Crackers | Crackers | Cracker |
| | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Week 2 | | | | |
| | Bread Hoagie | Ranch Dressing | Greek Vinaigrette | Tai Chili Sauce |
| Holiday | Mayo | Chips | Chips | Cracker |
| | Fresh Fruit | Fresh Fruit | Chips | Fresh Fruit |
| Week 3 | | | | |
| Spicy Brown Mustard | Bed of Romaine | Chipotle Dressing | Italian Vinaigrette | Tai Chili Sauce |
| Chips | Crackers | Tortilla Chips | Chips | Crackers |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit |
| Week 4 | | | | |
| Spicy Brown Mustard | Bed of Romaine | Ranch Dressing | Italian Vinaigrette | Tai Chili Sauce |
| Chips | Crackers | Crackers | Chips | Crackers |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Fruit Fruit |
| Week 5 | | | | |
| Spicy Brown Mustard | Bread Hoagie | Chipotle Dressing | | |
| Chips | Mayo | Chips | | |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | | |
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