

## **DISTRICT 96 FOOD ALLERGY GUIDELINES**

### **Guidelines for Field Trips**

Classroom teachers and/or school administrators should implement the following safety precautions/procedures during field trips to avoid allergen exposure/reactions of students with life-threatening food allergies:

1. Consider potential allergen exposure risks when planning field trip destinations and discuss with parents/guardians, in advance, the plans for avoidance/management.
2. Offer food allergic student's parents the opportunity to attend field trips when appropriate and when parents are permitted to attend. Parent/Guardian's availability and student's allergen risks will not determine the field trip location/date.
3. Parent/Guardian should provide all food for the allergic student. No one should offer the allergic student any other food, without the parent/guardian's permission.
4. If any food is offered to students by hosts at visitation site, it will be taken by teacher to be sent home with the non-allergic students only, in their backpacks.
5. Make sure that all medications and Emergency Action Plans (EAP) are brought on trip and kept with child's supervising teacher.
6. Communication device such as cell phone and/or walkie-talkie will accompany supervising staff on any field trips.
7. Do not allow food to be consumed on buses during field trips.
8. All supervising teachers and parent volunteers should be aware of any allergic students and their care.
9. Adhere to proper hand washing procedures before and after eating or potential exposure to allergens.
10. Clean the allergic student's eating area/table with a disposable surface wipe before eating.
11. Follow any designated or restricted seating arrangement or lunch bag storage at field trip site as in the school lunchroom setting (i.e., "Allergen Restricted" table/eating area, proper distancing, separate lunch storage, etc), as much as possible if indicated in Individual Health Plan (IHP) or 504 Plan.