

DISTRICT 96 FOOD ALLERGY GUIDELINES

Responsibilities of the Lunchroom Monitors

The lunchroom monitors will assist in providing a safe eating environment for food allergic students. It is their responsibility to:

1. Participate in District 96 provided in-services training on food allergies and risk reduction strategies at the beginning of the school year and throughout the year as needed.
2. Be aware of food allergic students, their dietary restrictions, allergen avoidance strategies and individual Emergency Action Plans (EAP).
3. Know the location of the nearest emergency medications and the staff members who can administer the drugs.
4. Have a communication device available to summon emergency help as necessary.
5. Take all complaints seriously from any student with life-threatening food allergies, realizing that a student having a reaction may withdraw, run, go to the restroom, etc.
6. Supervise interaction of students for risky or inappropriate behavior, i.e., throwing foods, spitting, etc.
7. Monitor “no sharing/trading of food, drink or utensils.”

Guidelines for “Allergen Restricted” (AR) Lunch Table

1. Ensure availability and reserved status of “Allergen Restricted” lunch table in cafeteria.
2. Be aware of foods at the AR lunch table, allowing only students with allergen free bag lunches from home or allergen free “hot” lunches from the cafeteria to sit at the table.
3. Ensure that “Allergen Restricted” signage is visibly displayed.
4. Enforce AR seating arrangements as indicated in Individual Health Plan (IHP) or 504 Plan, i.e., proper distancing, assigned seat, etc.
5. Excuse food allergic student from participating in any cleanup of other student’s trash.
6. Communicate any concerns regarding food allergic student’s opportunities for lunch companions and socialization at the AR table with the classroom teacher, particularly for young children.
7. Monitor potential for allergen exposure risk during PTO sponsored food events, i.e., dessert days, special lunches, bake sales, etc.