

KCSD 96 Approved Snack List
Free of the Top 8 Allergens
(Milk, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Soy & Wheat)
and Gluten
*** Notes single serve snack size available**

Dear Families,

Please find, below, approved items for all classroom snacks. As you can see, the list remains extensive. Additionally, based on prior feedback, you will find more organic/natural items included to provide families with even more choices. In addition, this list eliminates the top 8 allergens and gluten, making this list a “win” for all students!

For student safety, please check food labels as ingredients can change without warning. As ingredient labels are necessary to ensure student safety, no homemade baked goods allowed.

Should you have questions about this list or District 96’s food allergy management procedures, please contact Amy Gluck, Director of Educational Services at (847) 459-4260 or agluck@kcsd96.org .

Thank you in advance for your support of safe classrooms! Your child’s classroom may have a specific classroom list; please be sure to adhere to the classroom list if this is the case.

Daily Snacks

FRUITS & VEGETABLES (No dips please):

- Fresh whole or cut fruit
- Fresh whole or cut veggies
- Pre-packaged fruits and veggies

Dried (NO Trail Mixes and NO Yogurt Covered):

- Ocean Spray Craisins (Original Dried Cranberries ONLY*)
- Sunmaid Natural California Raisins* (Plain only), Cranberries & Raisins (Plain only)
- Sunsweet 'Amazin' Prunes'* (any flavor)

Cups/Bowls/Pouches*: (NO Toppings/Mix Ins)

- Del Monte Diced Fruit Cups (Mango, Pineapple, Pears, Cherry Mixed Fruit, Mixed Fruit, Mandarin Oranges, Peaches)
- Materne GoGo Squeeze: APPLESAUCE On the Go (Any Flavor)
- Mott's Applesauce- Original & Unsweetened: (Any Flavor)
- Mott's Snack & Go- Original & Unsweetened: (Any Flavor)
- Musselman's Applesauce & Organic Applesauce: (Any Flavor)
- Plum Organic Mash-Ups (banana, blueberry & carrot, blueberry blitz, berry! carroty chop!, strawberry)

JELLO*(NO Toppings/Mix Inx):

- Kraft: Jell-o Gelatin Ready to Eat Snack Cups- Original and Sugar Free (strawberry, orange, cherry, black cherry, raspberry, lemon-lime, blueberry)

FRUIT SNACKS & ROLL UPS*:

- Annie's Inc. Assorted Fruit Snacks: Annie's Organic Bunny Fruit Snacks (Sunny Citrus, Tropical Treat, Summer Strawberry, Berry Patch), Organic Orchard Fruit Snacks: Really Peely Fruit Tape (Bendy Berry, Swirly Strawberry), Bernie's Farm Fruit Snacks: (Natural Strawberry & Raspberry & Orange Flavors)
- 'Clif Kids' (Clif Bar & Co): Organic ZFruit-Twisted Fruit Snack (Strawberry, Mixed Berry, Cherry Cherry, Blueberry Blast)
- General Mills 'Betty Crocker': Fruit Snacks, Fruit By the Foot, Fruit Gushers, Fruit Roll Ups (Any Flavor)
- General Mills 'Mott's' Assorted Fruit Snacks (Medleys only)
- Market Pantry (Target) Fruit Snacks (Mixed Fruit, Mixed Berry)
- Stretch Island Fruit Co: Original Fruit Leathers (Any flavor)
- Yum Earth Inc 'Yum Earth Organics' Fruit Snacks (Original, Tropical)

CEREAL BARS, SNACKS & CEREAL:

- Enjoy Life- Soft Baked Bars, Baked Chewy Bars, ProBurst Bites (Any Variety)
- Quaker Rice Cakes (Salt Free, Lightly Salted)
- SkinnyPop Popcorn* (Original, Sea Salt & Black Pepper, Naturally Sweet, Dusted Dark Chocolate) Popcorn Mini Cakes (Sea Salt, cinnamon sugar), SkinnyPop Popcorn Cakes (Sea Salt, Maple Brown Sugar)
- Sensible Portions Garden Veggie Straws* (Sea Salt)
- General Mills:
 - Cheerios (Plain, Multi-Grain, Apple Cinnamon, Fruity, Chocolate, Frosted, Very Berry),
 - Chex (Rice, Corn, Cinnamon, Vanilla, Blueberry)
 - Lucky Charms

DRINKS: Bottled Water

Special Events/Birthday Treats (Grades 1-5) or Parties only

FRUITS & VEGETABLES (No dips please):

- Whole fruit (grapes, apples, oranges, bananas, strawberries, blueberries, etc.)
- Individually pre-packaged cut fruit

Any item on the Daily Snack list plus:

COOKIES:

- Enjoy Life: Crunchy Cookies, Crunchy Minis, Soft Baked Cookies, Soft Baked Minis, Mini Cookies, Mini Chips Snack Packs* (Any Variety)

MARSHMALLOWS:

- Kraft Jet-Puffed Marshmallows: (Original, Miniature, Jumbo Mallows, S'moreMallows)

CHIPS/ SNACKS:

- Sensible Portions Garden Veggie Straws* (Sea Salt)
- FritoLay Fritos* (Original, Scoops)
- FritoLay Ruffles Potato Chips* (Original, Reduced Fat)
- Frito-Lay 'Lay's' Potato chips* (Classic*, Wavy, Wavy Lightly Salted -50% less Sodium, Lightly Salted, Simply)
- Frito-Lay Tostitos Tortilla Chips* (Original Restaurant Style, Bite Size, Scoops, Crispy Rounds), Cantina Traditional, Cantina Thin & Crispy, Simply Organic Yellow Corn Tortilla Chips, Simply Organic Blue Corn Tortilla Chips

POPCORN:

- Divvies Gourmet Popcorn (<http://www.divvies.com>): (Caramel Corn, Kettle Corn)
- SkinnyPop Popcorn* (Original, Sea Salt & Black Pepper, Naturally Sweet, Dusted Dark Chocolate) Popcorn Mini Cakes (Sea Salt, Cinnamon Sugar), SkinnyPop Popcorn Cakes (Sea Salt, Maple Brown Sugar)

CANDY

- Dots (Original, Sour)
- Dum Dum Lollipops (Original, NO filling)
- Enjoy Life Boom Choco Boom Chocolate Bars (Dark Chocolate, Ricemilk Crunch, Ricemilk Chocolate,)
- Enjoy Life: Semi-Sweet Chocolate Mini Chips, Semi-Sweet Chocolate Mega Chunks, Dark Chocolate Morsels
- Gimbal's Gourmet Jelly Beans (41 Flavors, Sour)
- Mike and Ike Chewy Assorted Fruit Flavored Candies (Original Fruits, Berry Blast, Tropical Typhoon, Mega Mix-10 Flavors)
- Skittles (Original*, Tropical, Wild Berry, Sour, Wild Berry, Brightside, Sweets & sours)
- Smarties Assorted Flavor Candy Rolls (Original)
- Smarties Assorted Flavor Candy Rolls (Original)
- Starburst (Original*, Tropical, Minis, Fave Reds), Summer Splash, Sweets & Sours)
- Swedish Fish (Mondelez Global Brand): Original Red*, Assorted Colors
- Surf Sweets (Fruity Bears, Organic Fruity Bears, Fruity Hearts, Gummy Bears, Gummy Worms, Jelly Beans, Organic Jelly Beans*, Peach Rings, Watermelon Rings, Spooky Sours, Sour Berry Bears, Sour Worms)
- Yum Earth Inc.: Yum Earth Organics Gummy Bears, Yum Earth Organic Pops

DRINKS:

- Fruit Juice: Apple & Eve, Back to nature 100% Juice, Capri Sun, Capri Sun Organic, Gatorade, HiC, Honest Kids, Juicy Juice, KoolAid Jammers, Minute Maid, Motts, Powerade, Simply Balanced, Welch's (Any Flavor for all of the above)