



## Parent Checklist and Guidelines for Lice

This form must be completed and returned to your student's school nurse before your child may return to school

- Watch the following video for information regarding lice and the treatment of lice and nits. <https://youtu.be/z-evMjE-tml>
- Treat head lice with a shampoo specifically labeled for head lice. Read and follow the label directions carefully and exactly. Only use lice shampoo to treat those persons who are affected with lice. DO NOT treat those who are not infested.
- After treating with the shampoo, use a lice comb or your fingers to remove ALL of the nits from the student's hair.
- Wash all bedding (sheets, blankets, pillowcases, mattress pads, bedspread, etc.) in a hot water wash cycle and machine dried. Thoroughly vacuum the mattress.
- Wash all clothing worn by the child in the last 3 days in a hot water wash cycle or machine dried at the highest heat setting for at least 20 min. For clothing or personal items such as toys or stuffed animals that will be ruined by washing or drying at a high temperature, store in a bag that is tightly sealed for 14 days at room temperature or in the freezer at below freezing temperatures for 24 hours.
- Vacuum all carpets and upholstery.
- Child must be brought to the nurse's office to check for the presence of live lice before the child will be allowed to attend school. If any are found, the child will be sent home for further treatment
- Continue to check for nits daily and retreat with another application of lice shampoo when indicated on the package.

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_

School Nurse: \_\_\_\_\_