

## Instruction

### Curriculum Content

The curriculum shall contain instruction on subjects required by State statute or regulation. Before the completion of grade 5, students will be offered at least one unit of cursive instruction.

In kindergarten through grade 8, education must be available to students concerning effective methods of preventing and avoiding traffic injuries related to walking and bicycling.

### Physical Education

In grades 1-8, physical education must be taught including a developmentally planned and sequential curriculum that fosters the development of movement skills, enhances health-related fitness, increases students' knowledge, offers direct opportunities to learn how to work cooperatively in a group setting, and encourages healthy habits and attitudes for a healthy lifestyle. Unless otherwise exempted, all students are required to engage daily during the school day in a physical education course.

- LEGAL REF.:        Pub.L.No. 108-447, Section 111 of Division J, Consolidated Appropriations Act of 2005.  
                          Pub.L.No. 110-385, Title II, 122 stat. 4096 (2008), Protecting Children in the 21<sup>st</sup> Century Act.  
                          47 C.F.R. §54.520  
                          5 ILCS 465/3 and 465/3a.  
                          20 ILCS 2605/2605-480.  
                          105 ILCS 5/2-3.80(e) and (f), 5/27-3, 5/27-3.5, 5/27-5, 5/27-6, 5/27-7, 5/27-12, 5/27-12.1, 5/27-13.1, 5/27-13.2, 5/27-20.3, 5/27-20.4, 5/27-20.5, 5/27-20.7, 5/27-21, 5/27-22, 5/27-23.3, 5/27-23.4, 5/27-23.7, 5/27-23.8, 5/27-23.10, 5/27-23.11, 5/27-24.2, 435/, and 110/3.  
                          625 ILCS 5/6-408.5.  
                          23 Ill.Admin.Code §§1.420, 1.430, and 1.440.
- CROSS REF.:        6:20 (School Year Calendar and Day), 6:40 (Curriculum Development), 6:70 (Teaching About Religions), 6:235 (Access to Electronic Networks), 7:180 (Prevention of and Response to Bullying, Intimidation, and Harassment, 7:185 (Teen Dating Violence Prohibited), 7:190 (Student Discipline), 7:260 (Exemption from Physical Activity)
- ADOPTED:            January 20, 2015, September 25, 2018, January 15, 2019