

# Cultivating Empathy: The Keys to Your Teen's

## Success in an All About Me World

*Presented by Michele Borba, Ed.D.*

Michele Borba, Ed.D. is an internationally recognized parenting, child & bullying expert, best selling author, and speaker.

Join Dr. Borba as she presents about her newest book,  
"UnSelfie: Why Empathic Kids Succeed in Our All-About-MeWorld"

- Learn about "Selfie-Syndrom" and how it's creating an empathy crisis among today's youth.
- Understand why empathy is a skill that is vital for our teen's mental health, resilience, leadership skills, and overall life success.
- Walk away with dozens of proven strategies that help you develop simple habits for cultivating empathy in your teen.



**OCTOBER 17TH**  
**7:00 PM - 9:00 PM**

ADLAI STEVENSON HIGH SCHOOL PERFORMING ARTS CENTER

RSVP: [bit.ly/borba-evening](http://bit.ly/borba-evening)

This talk is geared towards parents of 6th - 12th graders

