



1st Grade PE Pacing Guide 2020-2021

4.0 Target	3.0 Target	2.0 Target	T1	T2	T3
Movement Skills					
NOT APPLICABLE	Demonstrate locomotor and/or manipulative skills using developmentally appropriate form.	See Rubric	X	X	X
Physical Fitness					
NOT APPLICABLE	Identify activities that improve health.	See Rubric		X	
Team Building					
NOT APPLICABLE	Follow directions when participating in physical activity.	See Rubric	X	X	X
NOT APPLICABLE	Perform independently and cooperatively when participating in physical activity.	See Rubric	X	X	X
Health Promotion, Prevention and Treatment					
NOT APPLICABLE	Understand and apply basic age-appropriate principles of health promotion.	See Rubric			X
Human Body Systems					
See Rubric	Recognize choices that have a positive or negative influence on health, including the importance of being physically active.	See Rubric		X	