



## 5th Grade PE Pacing Guide 2020-2021

4.0 Target	3.0 Target	2.0 Target	T1	T2	T3
<b>Movement Skills</b>					
See Rubric	Demonstrate control while manipulating objects, when changing direction and/or distance.	See Rubric	X	X	X
<b>Physical Fitness</b>					
See Rubric	Identify principles of training and activities that positively impact overall fitness.	See Rubric	X		
<b>Team Building</b>					
NOT APPLICABLE	Perform independently and cooperatively when participating in physical activity.	See Rubric	X	X	X
NOT APPLICABLE	Demonstrate knowledge of rules when participating in a group or individual physical activity.	See Rubric	X	X	X
<b>Health Promotion, Prevention and Treatment</b>					
See Rubric	Make basic age-appropriate decisions about principles of health promotion for self or others.	See Rubric			X
<b>Human Body Systems</b>					
See Rubric	Recognize muscles of the body	See Rubric		X	
See Rubric	Identify the parts of the circulatory system.	See Rubric	X		