

KCSD 96 Approved Snack List

Our classrooms are free of the **Top 8 Allergens** (Milk, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Soy, and Wheat) and Gluten.

Dear Families:

We are excited to share the approved classroom snack list with all of you. This list has been carefully curated by staff and parent volunteers, taking into consideration your valuable feedback. Our aim is to provide a wide variety of snacks that are safe for all students.

One significant feature of this list is that it eliminates the top 8 allergens and gluten, making it a "win" for everyone! We prioritize the safety and well-being of all our students, and by removing these allergens, we can create a safer environment for everyone.

For daily snacks, excluding fruits and vegetables, we kindly request that all items be pre-packaged. This helps teachers easily check the snacks and ensure they comply with our safety standards.

We want to remind you to always check food labels for ingredients, as some items may change their ingredients unexpectedly. This step is crucial to safeguard the health of our students.

Please pay special attention to the brand of snacks you provide, as the packaging might look similar for many products. Using the approved snack list will help avoid any confusion and maintain consistency in our classrooms.

Lastly, we want to mention that each classroom might have its specific snack list. Please follow the classroom list if your child's teacher provides one.

Thank you all for your support in creating a safe and inclusive environment for our students. Together, we can ensure that all our children enjoy their snacks while staying healthy and happy in our classrooms!

Should you have questions about this list or District 96's food allergy management procedures, please contact:

Jennifer Dunne
Director of Student Services
(847) 459-4260 or jdunne@kcsd96.org

List updated: 8-1-2023

Daily Snacks: Must be pre-packaged in individual size packages with the exception of fruits/vegetable

FRUITS & VEGETABLES

- Fresh whole, cut or pre-packaged
- Gimme Roasted Sea Salt Seaweed
- Sea Castle Organic Roasted Seaweed

Dried (NO Trail Mixes and NO Yogurt Covered)

- Ocean Spray Craisins (Original Dried Cranberries ONLY)
- Sunmaid Natural & Organic California Raisins (Plain only), Cranberries & Raisins (Plain only)
- Sunsweet 'Amazin' Prunes' (Any Flavor)
- Patience Organic and Co (Dried Cranberries, Cranberries, Wild Blueberries, Goldenberries & Cherries Organic)
- Brothers All Natural Fruit Crisps

APPLESAUCE Cups/Bowls/Pouches:

- GoGo Squeez: APPLESAUCE On the Go (Any Flavor of Applesauce only - NO Yogurtz)
- Mott's Applesauce Cups and Snack & Go: Original & Unsweetened (Any Flavor)
- Musselman's Applesauce & Organic Applesauce: (Any Flavor)
- Aldi Lunch Buddies Original or Unsweetened Applesauce
- Kirkland Signature Organic Applesauce Pouches
- Member's Mark Applesauce
- Plum Organic Mash-Ups (applesauce and: strawberry & banana, blueberry & carrot, carrot & mango, strawberry & blackberry & blueberry)

GELATIN CUPS (NO Toppings/Mix Ins):

- Kraft: Jell-O Gelatin Ready to Eat Snack Cups - Original and Sugar Free (Jell-O Only, No Pudding)

MEATS

- Jack Link's Meat Snacks Beef Jerky (Sweet & Hot)
- Old Wisconsin Beef (Beef sticks, turkey sticks, beef and turkey snack bites)

DIPS

- Wholly Guacamole (individual cups)
- Good Foods Guacamole (individual cups, no mixins)
- Sunbutter On the Go (Any Flavor)
- 88 Acres - Seed Butter Pouches (Any Flavor)

DRINKS

- Bottled Water
- OWYN Protein Shakes (Ready to drink only)

FRUIT SNACKS & ROLL UPS

- Annie's Organic Fruit Snacks (Tape, Peel A Parts, Bunnies)
- General Mills 'Betty Crocker': Fruit Snacks, Fruit By the Foot, Fruit Gushers, Fruit Roll-Ups (Any Flavor)
- 'Mott's' Assorted Fruit Snacks
- Stretch Island Fruit Co: Original Fruit Leathers & Strips
- That's It Mini Fruit Bars
- YumEarth Organics Fruit Snacks (Original, Tropical)
- Crispy Green Freeze Dried Fruit Snacks

CEREAL BARS, CEREAL & SNACKS

- Free Yumm: Soft Baked Bars, Soft Baked Cookies, Crackers & Cracker Bites
- Enjoy Life: Soft Baked Bars/Chewy Bars, Breakfast Ovals
- MadeGood: Crispy Squares, Granola Bars & Granola Minis
- General Mills (Small Boxes/Bowls): Cheerios (Plain, Frosted), Chex (Rice, Corn), Lucky Charms
- Friendly Grains Organic Crunchy Rice Rollers (Original Brown Rice)
- SkinnyPop Popcorn** (Original, Sea Salt & Black Pepper, Dairy Free White Cheddar), SkinnyPop Popcorn Mini Cakes (Sea Salt, Dairy Free Sharp Cheddar, Cinnamon & Sugar, Salted Caramel, Everything Bagel)

**** SkinnyPop not approved for Blended and Structured classrooms at Willow Grove ****

- Sensible Portions Garden Veggie Straws (Sea Salt only), Garden Veggie Chips (Sea Salt only)
- Frito-Lays: Fritos Original Corn Chips, Corn Chip Scoops, Ruffle's Original, Lay's Potato Chips (Classic, Original Baked, Salt & Vinegar). Tostitos Tortilla Chips (Rounds, Crispy Rounds, Scoops, Baked Scoops)
- Glutino (Gluten Free) Pretzels
- Hippeas Organic Chickpea Snacks (All Flavors)
- 88 Acres - Protein Bars & Seed Butter Pouches (Any Flavor)
- Blake's Seed Based: Chewy Granola Bars, Snack Bars, Crispy Treats (Any Flavor)
- Rule Breaker: Cookies, Bites, Juniors (Any Flavor)
- Partake Cookies (Any Flavor)
- Homefree Cookies (Any Flavor)
- Jackson's Sweet Potato Chips
- Ka-Pop Snacks (Puffs, Rings, Chips - Any Flavor)