YOUR CARE TEAM

Summer Hours

Free, confidential appointments may be scheduled for:



KATIE COLLINS, NP Mon. Wed. Noon-4 pm Friday 8-10 am

Primary Care

- Respiratory infection, sore throat, cough and ear infection
- Headache/Migraine
- Allergies
- Urinary tract and yeast infection
- Injury treatment for sprains, strains*, minor cuts and burns
- Worksite labs including urinalysis, rapid Chronic diseases like: hypertension, strep, pregnancy and mono
- · Health coaching
- Immunizations

- Physicals including well-woman and pap test and male exam with PSA
- Pediatric well-child checks and sports physicals
- Bloodwork for lab tests
- Electronic prescribing and medication refills
- diabetes and cholesterol
 - * X-ray not included



Nurse Coach

- Health coaching for lifestyle related issues (i.e., nutrition, exercise, smokina)
- Chronic care management (i.e., diabetes, cholesterol, blood pressure)
- · First aid for injuries

- Information on age-appropriate screenings and tests
- Basic care for sore throats, ear aches. sinus infections, flu or cold symptoms, and more
- · Basic ergonomic adjustments

SANDY TREICHEL, RN

Tues. 12:30-1:15 pm District Office

Tues. 1:30-2:30 pm Onsite Clinic



Pain and injury consultation

Pain and injury consultation for employees and spouses, all activity levels.

 Injury assessments and recommendations for the care of physically active people with musculoskeletal related injuries

Pain & Injury Assessments

FREE injury assessment & recommendation.

JEANINE ZEAMER LAT Call Jeanine to schedule an appointment at (920) 680-1567



HEALTH & WELLNESS ONSITE CLINIC