



To: School District of West De Pere Employees and Spouses
From: District Office
Date: July, 2013
Re: **Personal Health Assessments**

The School District of West De Pere will be offering the opportunity to participate in a Personal Health Assessment starting in October. The District will offer a reduction in the employee contribution for those employees and spouses who have WEA Trust as their primary or secondary health insurance by completing the following wellness criteria:

1. Completion of Biometric Screening*
** Deadline for Biometric Screening: Friday, December 6, 2013*
2. Completion of the Online Questionnaire
3. Review Results with onsite health coach
4. Wellness Certificate for Preventive Health Services
- Deadline for all four steps: Friday, January 31, 2014

For more information about the Personal Health Assessments, please see the attached ***Frequently Asked Questions*** handout.

HEAD START FOR SPOUSES

For your **spouse's** convenience, we are offering screening dates prior to the primary screening dates in October. If interested, please call **Bellin Health at 1-800-528-7883** to schedule a PHA screening appointment.

Head Start Appointment Dates:

August 7th, 13th, 21st and 28th -- 7:00 AM - 9:00 AM

OR

During Regular Clinic Hours

August: Monday and Wednesday noon- 4 pm; Friday 8:00 AM -10:00 AM

September & October: Monday and Wednesday 6:00 AM – 8:00 AM & 3:00 - 5:00 PM,
Friday's 6:00-8:00 AM