



School District of West De Pere

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Subject: Partnership for Health 2013-14

June 25, 2013

The School District of West De Pere understands the value of healthy employees. Creating and pursuing the Partnership for Health meant evolving the culture of our district. The success and sustainability of our Partnership for Health will require the staff to turn their participation into a commitment to personal health and wellness.

This past fall, we provided personal health assessments, wellness certificate and health coaching to our staff. We had a superb participation rate of over 90%. I'd like to thank all of you who participated in this great opportunity. You have taken an excellent step towards protecting your health.

Understanding a healthier staff saves health care dollars for all of us and we are better able to face the challenges at school and at home. Awareness is the first step to making healthy changes that can reduce your risk for disease and improve your quality of life.

That being said, the District again will be offering the opportunity to participate in a Personal Health Assessment (onsite biometric screening and follow-up online questionnaire), engage in a brief Health Coaching session, and complete a Wellness Certificate. These FREE AND CONFIDENTIAL services conducted by Bellin Health will be offered at our district locations starting in October 2013. More information will be provided to you at the staff inservice August 28th.

While your participation in these services is voluntary, your participation (completion of the 2 step PHA, Health Coaching session and Wellness Certificate) will reduce your share of the health insurance premium. The Board of Education will implement the following premium cost sharing structure for those who are currently eligible to participate at the "current premium share" percentages listed below for the 2014-2015 school year.

Type of Plan	Current Employee Premium Share	Employee Premium Share <u>w/out</u> Assessment effective 2014-2015	Employee Premium Share <u>with</u> Assessment effective 2014-2015
Family Health	5%	12.6%	5%
Single Health	0%	12.6%	0%

Those who take the Family Health Plan will need their spouse (not dependents) to participate in the 2013-2014 health assessment 4-step process as well, in order to be eligible for the reduced premium share listed above.

For your spouse's convenience, we will be offering additional screening dates prior to our primary screenings in October. ***If your spouse would be interested in getting a head start in completing their PHA, please contact Bellin Health at 1-800-528-7883*** to schedule their PHA screening at our onsite clinic.

PHA screening dates for Spouses at our Onsite Clinic are August 7th, 13th, 21st, and 28th at 7:00-9:00 A.M.

Plus during August's regular clinic hours which are:

Every Monday and Wednesday noon to 4 pm and Friday's from 8:00-10:00 a.m. (fasting is required)

Lastly, I'm very pleased to acknowledge our wellness team for developing and executing our District's Health and Wellness Program plan, identifying opportunities in fostering a district environment that supports healthy lifestyle choices. I would like to thank everyone who participated in the survey. We had great response which has provided great information to grow our onsite clinic services.

Please watch your mail over the summer for more announcements on health & wellness services and opportunities to get involved and have some fun while improving your health.

Congratulations to
Shaun Dolan and Erin Gutschow
for winning the survey \$25 gas cards.

Sincerely,

John R. Zegers

A VISION OF PRIDE AND EXCELLENCE

The School District of West De Pere does not discriminate on the basis of any characteristic protected under State or Federal Law