

Hi Staff,

Hope you are all having a great start to the year! We are all busy but we don't want you to forget about staying healthy. One of the ways we can stay healthy during the school year is to get your annual influenza vaccine. Keeping our school community healthy and safe is important to all of us!

Influenza is a serious disease that can lead to hospitalization and sometimes even death. Every flu season is different, and influenza infection can affect people differently. Even healthy people can get very sick from the flu and spread it to others.

During this time, flu viruses are circulating in the population. An annual seasonal flu vaccine is the best way to reduce the chances that you will get seasonal flu and lessen the chance that you will spread it to others. When more people get vaccinated against the flu, less flu can spread through that community.

This year we will be offering our influenza vaccines onsite at each school for employees and spouses on the WEA Trust Health Plan. Please sign up in your faculty lounge on the sign up sheet.

- Westwood Elementary – Tuesday, October 9th 3:30-4:30pm
- Middle School – Thursday, October 11th 3:00-4:00pm
- Hemlock Elementary – Tuesday, October 16th 3:30-4:30pm
- High School – Friday, October 19th 3:00-4:00pm

The influenza vaccines will also be available through the onsite health clinic located in the high school.

Faculty and staff not on the WEA Trust Health Plan will be able to receive the influenza vaccine at a cost of \$25, exact change is recommended. Please call 1-800-528-7883 to schedule an appointment in the onsite health clinic to receive your influenza vaccine. If you have any questions, please contact your Wellness Coordinator.

Thank you,

Bellin Health Onsite Staff