



3rd Annual Hemlock Creek Phantom Fun Run/Walk "Run Back to School"

Thursday, August 23, 2018, 6:30pm

All proceeds go toward future playground equipment at Hemlock Creek

Race Day Check-In/Registration:

Registration begins at 6:00pm on Thursday, August 23, 2018

6:30pm: 2 mile Run/Walk start

7:00pm-8:00pm: Food and Activities

Non-chipped timed 2 mile run/walk

Beverages and snacks available after race

T-shirts are not guaranteed after August 6th

After activities include: Police car and K9 demo, fire truck, Crossfit Kids, hula hooping, music & raffle prizes

To Register: Please complete the form below, print out, sign for each participant, and drop off or mail to the address below with a check payable to "Hemlock Creek PTO", attention Fun Run

Hemlock Creek PTO
Attn: Fun Run
1900 Williams Grant Drive
De Pere, WI 54115

Place:

Hemlock Creek Elementary School

1900 Williams Grant Drive

De Pere, WI 54115

Phone: (920) 425-1900



Registration Fees:

Early Registration: May 29- August 6

\$15/person
\$50/family (cash or check)

Late Registration: August 7th - Race Day

\$20/person
\$60/family (cash or check)

(4 or more = family) "Family" = Parents and children only

***Checks payable to Hemlock Creek PTO**

- * Parents/Guardians must be present during the event.
- * Strollers allowed. Bikes and rollerblades are not allowed.
- * No pets allowed
- * See t-shirt sizing chart on back

REGISTRATION FORM

Hemlock Creek Phantom Fun Run/Walk

Please complete a separate form for each participant.

Thursday, August 23, 2018, 6:30pm

Name:		Phone:	
Address:		Email:	
		Emergency Contact Name & Number:	
School (if student):	Grade:	Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male	
Shirt Size: Child: <input type="checkbox"/> S (6-8) <input type="checkbox"/> M (10-12) <input type="checkbox"/> L (14-16) <input type="checkbox"/> XL (18-20) Adult: <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL (Extra \$2) <input type="checkbox"/> XXXL (Extra \$2)			

Larger Race Day map on back. **Please complete the waiver on the attached page for each participant.**

T-Shirt Sizing Chart

T-Shirt size chart for Gildan cotton T-Shirts and blend tees unisex, womens and toddler T-Shirts.

When ordering Gildan brand T-shirts, the best way to decide the size is best for you, is to measure one of your T-shirts. Lay in on a flat surface as shown in the picture and take accurate measurements. Now use the chart below.

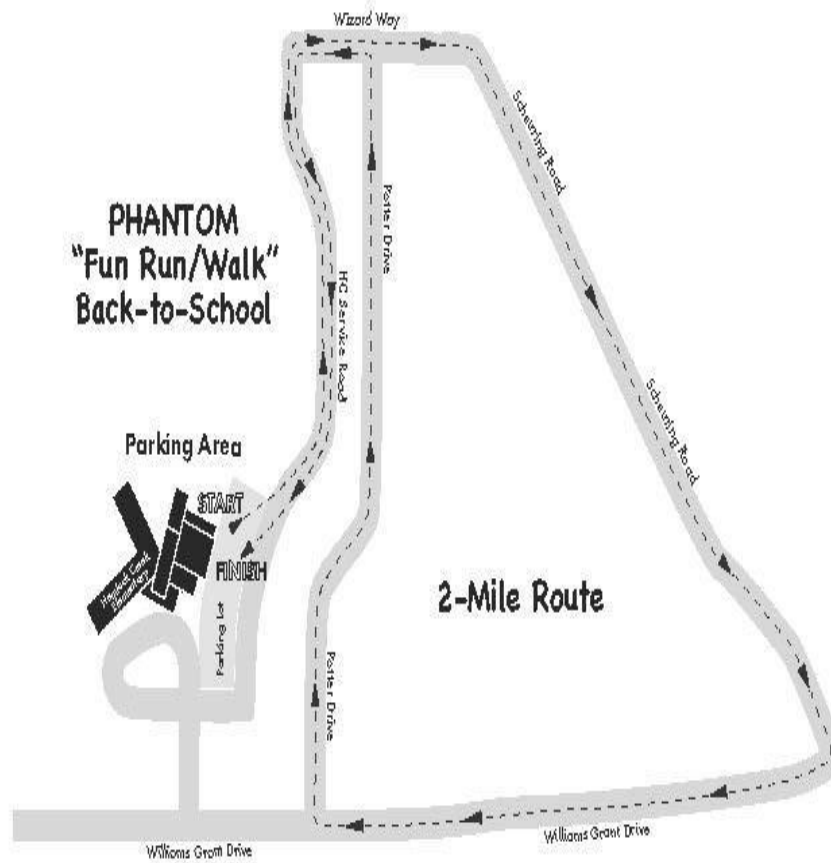


If you already know the persons chest size, simply divide that measurement by 2, now find it on the WIDTH COLUMN IN THE CHART BELOW, (40" chest / 2 equals 20" this relates to a MEDIUM ADULT or Medium Womens Cut.)

ADULT	WIDTH	LENGTH
Small	18"	28"
Medium	20"	29"
Large	22"	30"
X-Large	24"	31"
XXL (2XL)	26"	32"
XXXL (3XL)	28"	33"
XXXXL (4XL)	30"	34"

Children's Sizes

	XS	S	M	L	XL
BODY LENGTH	20.5	22	23.5	25	26.5
BODY WIDTH	16	17	18	19	20
FULL BODY LENGTH	20.5	22	23.5	25	26.5
SLEEVE LENGTH	13.5	14.5	15.5	16.5	17.5



EACH PARTICIPANT MUST COMPLETE A WAIVER IN ORDER TO PARTICIPATE.

HEMLOCK CREEK ELEMENTARY SCHOOL WAIVER OF LIABILITY, ASSUMPTION OF RISK and INDEMNITY AGREEMENT for AUGUST 2018 RUN/WALK EVENT

In connection with and consideration of my participation on School premises and/or School sponsored activities, I, hereby represent and agree as follows:

1. I am aware that participation in any activity on Hemlock Creek Elementary School/School District of West De Pere (also referred to as, the School) the School's premises and/or School sponsored activities can potentially be dangerous, and I fully recognize and understand that there are risks and hazards, both minor and serious, associated with participation in the School, on the School's premises and related activities, including, but not limited to: the effects of weather; traffic course conditions and course surfaces, falls and contact with other runners, spectators, and volunteers as well as cuts, scrapes, bruises, broken bones, muscle strains, pulls or tears, head, neck, back, eye and other bodily injuries, heat exhaustion, heat stroke, frostbite, brain damage, blindness, deafness, drowning, heart attacks, paralysis and, even death.
2. I represent and warrant that I have no physical, health related or other problems which would preclude or restrict my participation in the activity or otherwise render my participation dangerous or harmful to myself or others. I further represent and warrant that I have adequate medical, health, and/or other insurance coverage for participation.
3. I further agree to reimburse or make good any loss or damage cost that the school (its officers, employees and agents) may have to pay if any litigation arises on account of any claim made by me or anyone on my behalf.
4. Knowing the dangers, hazards and risks associated with the School and the specified activity and with sufficient knowledge of my physical condition(s) and limitations, if any, I voluntarily assume all responsibility and risk of loss, damage, illness and/or injury to person or property which I may, in any way, sustain in connection with participation in the School, on the School premises and related activities.
5. I agree that I will abide by all rules and regulations applicable to participation in the run activity or any other events with or involving the School. I agree that the School, the School's staff, or other person or entity involved in any way has no duty to provide medical services should I require emergency medical treatment or first aid as a result of illness or injury associated with the School or related and/or specified activities.
6. To the fullest extent permitted by law, I hereby release and forever discharge, and agree not to sue and to indemnify and hold harmless, Hemlock Creek Elementary School and the School District of West De Pere, De Pere, WI and their governing boards, officers, agents, employees and volunteers from and against any and all liabilities, claims, demands and causes of action of any kind, including litigation expenses and attorney's fees on account of any loss, damage, illness or injury to person or property in any way arising out of or relating to my participation in or on Hemlock Creek Elementary School, other School District of West De Pere school premises, and/or involving School sponsored activities whether due to the negligence, mistake or other action or inaction of the School, the School's staff, or other person or entity involved in any way with the School.
7. PHOTO/VIDEO RELEASE: I give my permission to have photos, film and/or video or sound recordings taken of me for the Hemlock Creek Run/Walk event's publicity purposes prior to, during or after the Hemlock Creek Run/Walk event and activities even though we will not receive compensation of any kind for appearing in such photos or video recordings. THIS RELEASE CONTAINS AN INDEMNIFICATION CLAUSE. I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THIS RELEASE, ASSUMPTION OF RISK AND INFORMED CONSENT FORM, AND I SIGN IT VOLUNTARILY WITH FULL KNOWLEDGE OF ITS SIGNIFICANCE.

Name: _____ Date: _____

Signature

If under 18 years of age a Parent/Guardian must also sign and date this release, below:

Name: _____ Date: _____