

A PARTNERSHIP FOR HEALTH

belinhealth



WEAtrust

# 2019 Flu Shots

**Who:** Employees & Spouses (*dependents can be seen at the onsite clinic*)

**Cost:** Free

**Where:** See below – Sign up on the sign-up sheets

## **Flu Shots Date, Time & Locations:**

<b><u>Location:</u></b>	<b><u>Date:</u></b>	<b><u>Time:</u></b>
District Office	Monday, October 21	1:30 pm–2:30 pm
Middle School	Monday, October 21	3:00 pm–4:00 pm
High School	Thursday, October 24	3:00 pm–4:00 pm
Hemlock Creek Elementary	Tuesday, October 29	3:30 pm–4:30 pm
Westwood Elementary	Wednesday, November 6	3:30 pm–4:30 pm

**How do I prepare:** Wear short sleeves and non-bulky clothing.  
Appointments will take approximately 5 minutes.

## **Additional Options for you and your dependents:**

1. Get a flu shot at the onsite clinic (Mon/Wed/Fri 6:30–8:00 am)
2. Get a flu shot at the near site clinic (Mon-Fri 8:00 am–5:00 pm)
3. Get a flu shot at your local pharmacy.