



*Our weekly meal distribution continues.
This is a FREE program for all children 18 & under in Woodbury.*

**Meal pick up for the week of January 11 will be on
Monday 1/11/21 and Wednesday 1/13/21 at all schools
from 9-11am and from 2-4pm at the Woodbury Jr. Sr.
High School.**

Menu for the Week of January 11, 2021

Breakfast:

Pancakes with Syrup
Cereal with Graham Crackers
Blueberry Muffin
Pancakes and Turkey Sausage on a Stick
Crunchmania

Breakfast Includes:

Grain (1 grain equivalent)
2nd Grain or **Optional Protein**
Fruit (Fresh, Cupped, 100% Juice)
Milk (8 ounces)

Lunch:

Chicken Teriyaki
Hamburger on a Bun
Grilled Chicken Breast on a Bun
Egg, Turkey Sausage and Cheese on a Bun

Lunch Includes:

Protein ~ Grain ~ Fruit ~ Veggie ~ Milk

*Menu subject to change