

Volleyball Programs



Xtreme Volleyball Academy (XVA) is an educational, non-profit organization committed to instructing junior volleyball players through expert training and competitive play.

Our primary objective: to instill the skills that enable players to develop, as athletes and individuals.

BEACH VOLLEYBALL

Dates: June 10 to August 2, 2019

Ages: Boys & Girls – Ages 5 to 18

Locations: Turkey Brook Park & Sparta, NJ

Practices are held twice a week for each age group – please see full information on our website. Program includes instruction, drills, game play and a t-shirt.

Diggers : Mondays & Wednesdays

Spikers: Tuesdays & Thursdays

Middle School: Mondays & Wednesdays

High School : Tuesdays & Thursdays

2 Locations – 1 Great Program

www.Xtremevbacademy.com

Xtreme is a non-profit, 501(3)c club. #81-2366076

INDOOR PROGRAMS

Diggers

Tuesdays – 5pm to 6pm

April 23 to May 21

Tigers

Wednesdays – 6pm to 8:00pm

May 1 to June 19

Freshmen Boot Camp-I

July 22 to July 25

9:00am to 11:00am

Xcel High School Camp

July 29 to August 1

9:00am to 11:30am

Freshmen Boot Camp-II

August 5 to August 8

6:00pm to 8:00pm

Middle School Academy

September 9 to November 1, 2019

**Academy programs can be prorated if players miss the start of the program.*