

## News from the Nurse

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### How to Report Your Child Absent

**Call 973-383-7202 x 1331**

*\*\*\*Please remember to send in a doctor's note excusing your child's absence.*

### Nursing Screenings

All students will be screened for height, weight, vision and hearing.

Ask your child about the visit from the dentist. They learned to...

- Brush their teeth for 2 minutes twice a day
- Visit the dentist 2 times a year
- Limit soda, sugar, candy, juice and fruit snacks
- Eat fruits and vegetables
- Drink water

### When to keep my child home:

- **Fever >100.0 degrees within the last 24 hours**
- **Vomiting within the last 24 hours**
- **Diarrhea within the last 24 hours**
- **Live lice present**
- **On antibiotic LESS than 24 hours**
- **Suspected eye infection**
- **Unknown rash**
- **Appears to be ill**

**\*\*All excused absences require a doctor's note**

All student's under 5 years old are **required to have an INFLUENZA VACCINE by December 31, 2019.**

Please send in proof of immunization to the nurse.

*There's a chill in the air! Please remember to dress your child in warmer clothing.*