



# YOU'RE INVITED!

Please join us for a **FREE**

**Parent Education & Support Group Webinar!**

**FRI**  
**MAY 1**  
**12PM**

**REGISTER NOW!**

## Coping with the “New Normal:” Strategies for Life with COVID-19

*Presented by Jessica Stiskin, MA, LPC, NCC, ACS*

*Clinical Coordinator,*

*High Focus Centers in Parsippany, NJ*

Join us for a live webinar to learn strategies for dealing with anxiety, isolation and other challenges your children may be facing during these uncertain times.

Question and answer session to follow!

### RSVP TO:

[jdifabio@highfocuscenters.com](mailto:jdifabio@highfocuscenters.com)

*Spots are limited and an RSVP is required to receive webinar access via email!*

