

Safe Snack Guide™

by SnackSafely.com 

Commonly Available Snacks Free of Peanuts, Tree Nuts and Eggs

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About this guide

Snacks listed in this guide have been selected because:

- They do not contain peanuts and tree nuts - and unless explicitly marked otherwise - eggs as ingredients;
- Their packaging list no warnings that these allergens may have been introduced during manufacturing;
- For many, we have verified the manufacturing and labeling practices via participation in the *SnackSafely.com Manufacturer Partnership Initiative*, for others, with their respective manufacturer's consumer services by phone or e-mail;
- They are readily available at your local supermarket, health food store or internet shop.

Items preceded by the following symbols are marketed by their respective manufacturer to be free of specific allergens whether on their packaging, in promotional literature, on their website, or in writing to us:

- ✓ - a *green check mark* indicates the item is marketed as free of peanuts, tree nuts, and eggs;
- ▲ - a *green triangle* indicates the item is marketed as free of peanuts and tree nuts only - not eggs;

Items listed in **boldface** are from manufacturers that participate in our Partnership Initiative and disclose their manufacturing processes regarding 11 allergens directly to SnackSafely.com via our Manufacturers' Product Portal.

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- We welcome and encourage your comments, corrections, testimonials, feedback and suggestions. Please use our *Contact Us* page at: snacksafely.com/contact-us.
- This list is updated frequently. By using this guide you agree to discard this copy and download a new copy after the expiration date displayed above. The most recent version is always available at snacksafely.com/snack-guide.
- We strongly urge you to subscribe to updates at SnackSafely.com to be notified of periodic changes to this list as a result of advisories and additions. You can do so here: snacksafely.com/subscribe.
- We encourage schools, youth sports leagues, clubs, organizations and bloggers who wish to refer to this guide on their respective websites to use the following link: snacksafely.com/snack-guide.

PRETZELS

- ✓ **Gerbs Pretzels**
- ✓ **Utz Halloween Pretzel Treats**
- ✓ **Utz Hard Pretzels**
- ✓ **Utz Pretzel Sticks** – Cinnamon, Country Stix
- ✓ **Utz Pretzel Varieties** – Butter Waffle, Holiday Shaped, Nuggets, Phineas and Ferb Shaped, Pop'z, Rods, Wheels
- ✓ **Utz Select Pretzel Sticks** – Butter, Pumpernickel, Seven Whole Grain, Toasted Sesame
- ✓ **Utz Select Pretzels** – Everything, Honey Wheat Braided Twist
- ✓ **Utz Special Pretzels** – Extra Dark, Multigrain, Regular
- ✓ **AllerEnergy Gluten-Free Soft Pretzels**
 - **Bachman** – Twist, Butter Twist, Mini Bite Size, Thin N Right, Pretzel Rods, Kidzels, Pretzel Stix, Nutzels (bite-size), Hard Sourdough, Pita Pretzel Squares, Kidzels 100 Calorie Pack
 - **Herr's** – Extra Thin, Rods, Whole Grain Pretzel Sticks Honey Wheat
 - **Kraft Handi-Snacks Mister Salty Pretzels 'n Cheese Dip**
 - **Newman's Own** – Salted Sticks, Salted Pretzel Rounds, Unsalted Pretzel Rounds, Spelt Pretzels
 - **Nabisco 100 Calorie Mister Salty Pretzels** – Milk Chocolate, Yogurt Flavored
 - **Oatzels** – Original, No Salt Added
 - **Pepperidge Farm Goldfish Pretzels**
 - **Pepperidge Farm 100 Calorie Pouches Goldfish Pretzels**
 - **Rold Gold** – Thins, Sticks, Rods, Tiny Twists, Lightly Salted Tiny Twists, Tiny Twists Cheddar, Tiny Twists Honey Mustard, Sourdough, Honey Wheat, Cheesy Garlic
 - **ShopRite** – Mini, Mini Fat Free, Mini No Surface Salt, Gem, Amish Pretzel Sticks, Amish Pretzels Fat Free, Amish Pretzels No Surface Salt, Thin, Thin Fat Free, Waffle, Rods, Stick Pretzels Fat Free

CORN/TORTILLA CHIPS

- ✓ **Late July Organic Multigrain Tortilla Chips** – Dude Ranch, Mild Green Mojo, Red Hot Mojo, Sea Salt by the Seashore, SubLime, Summertime Blues, Sweet Potato
- ✓ **Utz Corn Chips** – BBQ
- ✓ **Utz Lowfat Baked Tortilla Chips**
- ✓ **Utz Organic Tortilla Chips** – Blue Corn, White Corn, Yellow Corn
- ✓ **Utz Tortilla Chips** – Dippable, Multigrain, Restaurant Style, White Round, Yellow Round
 - **Bachman Tortilla Chips** – Restaurant Style, MultiGrain
 - **Doritos** – Nacho Cheese, Cool Ranch, Spicy Nacho, Tacos Flavor, Spicy Sweet Chili, Toasted Corn, Pizza Supreme
 - **Herr's** – Restaurant Style, Bite Size Dippers
 - **Natural Tostitos Organic** – Yellow Corn, Blue Corn
 - **Sage Valley** – Yellow Corn Tortilla Chips
 - **Santitas** – Tortilla Triangles
 - **Stacy's Pita Chips** – Simply Naked, Cinnamon Sugar, Parmesan Garlic & Herb
 - **Sun Chips** – Original, Harvest Cheddar, French Onion, Garden Salsa, Jalapeno Jack
 - **Tostitos** – Restaurant Style, Scoops, Crispy Rounds, Multigrain, Multigrain Scoops, Bite Size, Hint of Jalapeno, Hint of Lime
 - **Tostitos Artisan Recipes** – Roasted Garlic & Black Bean, Fire-Roasted Chipotle

VEGETABLE CHIPS

- ✓ **Enjoy Life Plentils Crunchy Lentil Chips** – Dill & Sour Cream, Garlic & Parmesan, Light Sea Salt, Margherita Pizza
- ✓ **Tiger Nuts** – Premium Organic, Supreme Peeled
 - **Good Health Natural Foods** – Veggie Chips, Veggie Stix, Pizza Veggie Stix
 - **Pirate's Booty Veggie**

POTATO CHIPS

- ✓ **Utz Baked Crisps** – BBQ, Cheddar and Sour Cream, Original
- ✓ **Utz Potato Chips** – BBQ, Carolina BBQ, Cheddar and Sour Cream, Crab/Old Bay, Honey BBQ, No Salt, Onion and Garlic, Red Hot, Regular, Salt & Vinegar, Salt and Pepper, Southern Sweet Heat BBQ
- ✓ **Utz Ripple Baked Crisps**
- ✓ **Utz Ripple Potato Chips**
- ✓ **Utz Wavy Potato Chips** – Baby Back Ribs, Pit BBQ, Regular, Tabasco Flavored
 - *Baked Ruffles* – Original, Cheddar & Sour Cream
 - *Baked Lay's* – Original, Sour Cream & Onion, Parmesan and Tuscan Herb
 - *Boardwalk* – Salt & Vinegar, Jalapeno
 - *Cape Cod* – Original, Sour Cream & Green Onion
 - *Herr's* – Crisp 'n Tasty, Ripples, Sour Cream & Onion, Barbecue, Salt & Vinegar, Lightly Salted, Red Hot
 - *Herr's Kettle Cooked* – All Natural, Mesquite BBQ, Dark Potato Chips, Reduced Fat,
 - *Kettle Brand* – Sea Salt, Sea Salt & Vinegar, Buffalo Bleu, Fully Loaded Baked Potato, Sweet Onion, Sour Cream and Onion, Jalapeno
 - *Kettle Brand Bakes* – Sea Salt, Aged White Cheddar, Hickory Honey Barbeque, Sea Salt & Vinegar
 - *Lay's* – Classic, Barbecue, Sour Cream & Onion, Lightly Salted, Cheddar & Sour Cream, Wavy Original, Salt & Vinegar, Garden Tomato & Basil, Honey Mustard, Honey Barbecue
 - *Lay's Kettle Cooked* – Original, Sea Salt & Vinegar, Reduced Fat, Jalapeno, Sea Salt & Cracked Pepper
 - *Munchos*
 - *Mystic Kettle Potato Chips* – Regular, Reduced Fat, Dark Russet, Sea Salt & Vinegar
 - *Natural Lay's* – Sea Salted
 - *Popchips* – Original Potato, Barbeque Potato, Cheddar Potato, Sour Cream & Onion Potato, Sea Salt & Vinegar Potato, Salt & Pepper Potato Fritos – Original, Flavor Twists Honey BBQ, Scoops, Bar-B-Q
 - *Pringles* – Original, Reduced Fat, BBQ
 - *Pringles Snack Packs* – Original, 100 Calorie Snack Packs Original
 - *Ruffles* – Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream, Loaded Chili & Cheese, Molten Hot Wings
 - *ShopRite* – Original, Krinkle Cut, No Salt Added, Salt & Vinegar, Barbecue
 - *ShopRite Organic* – Barbecue
 - *ShopRite Kettle Potato Chips* – Original, Sea Salt & Pepper
 - *Wise* – All Natural, Lightly Salted, BBQ, Unsalted, Salt & Vinegar, Onion & Garlic, Honey BBQ
 - *Wise Ridgies* – All Natural, Sour Cream & Onion, Cheddar & Sour Cream

POPCORN

- ✓ **Divvies Popcorn** – Caramel Corn, Kettle Corn
- ✓ **Utz Popcorn** – Butter, Cheese, White Cheddar
- ✓ **Utz Tabasco Flavored Popcorn** – Butter, Cheese
 - *Bachman* – Original, Light
 - *Good Health Natural Foods* – Half Naked Popcorn with a Hint of Olive Oil
 - *Kurly Korn* – Premium Cinema Popcorn
 - *Sage Valley* – Lite Organic Popcorn
 - *Smartfood* – White Cheddar, Reduced Fat, Movie Theater Butter
 - *Wise* – Original Butter, White Cheddar

RICE SNACKS

- *Quaker Quakes Rice Snacks* – Caramel Corn, Ranch, Sea Salt & Cracked Black Pepper, Kettle Corn, Chocolate, Sweet Chili, Cheddar Cheese, Sour Cream & Onion
- *Lundberg Organic Rice Cakes* – Rice with Popcorn, Brown Rice, Mochi Sweet, Sweet Green Tea

PORK RINDS

- ✓ **Utz Fried Port Rinds**
- ✓ **Utz Pork Rinds** – BBQ, Hot and Spicy, Salt and Vinegar

CHEESE SNACKS

- ✓ **Utz Cheese Balls** – Hot, Plain
- ✓ **Utz Cheese Curls** – Crunchy, Hot, Plain, Tabasco, White Cheddar
- **Cheetos** – Puffs, Puffs Honey BBQ, Crunchy, Flamin' Hot Crunchy, Baked
- **Herr's Baked Cheese Curls**
- **Kurly Kurls**
- **Kurly Go Rounds**
- **Original Tings Crunchy Corn Sticks**
- **Pirate's Booty** – Aged White Cheddar, Sour Cream & Onion, New York Pizza
- **Smart Puffs**
- **Sage Valley** – White Cheddar Puffs
- **Wise Cheez Doodles** – Puffed, Puffed O's, Crunchy

GRANOLA/TRAIL MIXES/SEEDS

- ✓ **Bee Nut Free Trail's End Trail Mix**
- ✓ **Enjoy Life Seed & Fruit Mixes** – Beach Bash, Mountain Mambo
- ✓ **Enjoy Life Granola** – Cinnamon Raisin Crunch, Double Chocolate Crunch, Very Berry Crunch
- ✓ **Gerbs Granola** – Cranberry Harvest, Dark Chocolate, Original Blend
- ✓ **I.M. Healthy Granola** – Plain, w/Fruit
- ✓ **Gerbs Pumpkin Seed Kernels** – Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ **Gerbs Raw Black Chia Seeds**
- ✓ **Gerbs Raw Brown Flax Seeds**
- ✓ **Gerbs Raw Hemp Seed Kernels**
- ✓ **Gerbs Salad Toppers** – Cape Cod Antioxidant Mix, Cracker Crunch Mix, Super Seeds Mix
- ✓ **Gerbs Seed Meal** – Raw Flax Seed, Raw Pumpkin Seed, Raw Sunflower Seed, Whole Hemp Seed
- ✓ **Gerbs Snack Mixes** – SuperFruits, Sweet & Salty
- ✓ **Gerbs Sunflower Seed Kernels** – Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ **Gerbs Whole Hemp Seeds** – Roasted Unsalted, Sea Salted
- ✓ **Gerbs Whole Roasted Pumpkin Seeds** – Lightly Sea Salted, Raw, Roasted Unsalted
- ✓ **Gerbs Whole Roasted Sunflower Seeds** – Lightly Sea Salted, Raw
- ✓ **Nonuttin' Granola** – Blueberry Maple, Cranberry Apple, Vanilla Cinnamon, Vanilla Caramel
- ✓ **Nonuttin' Trail Mix** – Berry Delight, Fruit Explosion, Energy Explosion

FRUIT SNACKS/DRIED FRUIT

- ✓ **Barefruit All Natural Apple Chips** – Chile Lime, Cinnamon, Fuji Red, Granny Smith, Sea Salt Caramel
- ✓ **Brothers-All-Natural Fruit Clusters** – Apple Cinnamon, Blueberry Apply, Raspberry Apple
- ✓ **Brothers-All-Natural Fruit Crisps** – Asian Pear, Banana, Fuji Apple, Fuji Apple with Cinnamon, Mandarin Orange, Mango, Mixed Berry, Peach, Pineapple, Strawberry, Strawberry-Banana
- ✓ **Gerbs Dried Fruits** – Blueberries, California Raisins, Cranberries, Goji Berries, Tart Cherries
- ✓ **Annie's Organic Bunny Fruit Snacks** – Sunny Citrus, Tropical Treat
- ✓ **Funky Monkey Snacks** – Applemon, Banamon, Carnival Mix, JiveALime
- **Betty Crocker Fruit Roll-Ups**
- **Betty Crocker Fruit By The Foot**
- **Fruit Gushers**
- **Betty Crocker Fruit Flavored Snacks** – Dora the Explorer, Scooby-Doo, SpongeBob Square Pants, Shark Bites
- **Clif Kid Organic Twisted Fruit** – Strawberry, Mixed Berry

CRACKERS

✓ **Gerbs Salted Mini Crackers**

- *All-Bran Crackers* – Multi-Grain
- *Cheese Nips* – Cheddar, Reduced Fat Cheddar, SpongeBob Square Pants
- *Cheez-It* – Original, Reduced Fat, Big, White Cheddar, Reduced Fat White Cheddar, Hot & Spicy, Parmesan & Garlic, Duoz, Scrabble Junior, Cheddar Jack, Pepper Jack, Baby Swiss, Italian Four Cheese, Colby, Whole Grain, Gripz
- *Cheez-It Snack Mix*
- *Goldfish* – Baby Cheddar, Cheddar, Colors, Mix-Up, Parmesan, Pizza, Pretzel, Saltine, Whole Grain
- *Goldfish Flavor Blasted* – XPlosive Pizza, Xtra Cheddar, Slammin' Sour Cream & Onion
- *Goldfish Mix-Up Adventures* – Pretzel & Flavor Blasted Xtra Cheddar, Xtra Cheesy Pizza
- *Goldfish Grahams* – Cinnamon, Chocolate, Chocolate Chip, Vanilla
- *Goldfish 100 Calorie Pouches* – Cheddar, Pretzel
- *Keebler Club* – Original, Reduced Fat, Multi-Grain, Buttery Garlic, Minis Original, Minis Multi-Grain
- *Keebler Club Snack Sticks* – Original, Honey Wheat
- *Keebler Sandwich Cracker* – Club and Cheddar
- *Keebler Wheatables* – Golden Wheat, Toasted Honey Wheat
- *Kellogg's Special K Crackers* – Multi-Grain, Savory Herb
- *Kraft Handi-Snacks* – Premium Breadsticks 'n Cheese Dip, Mister Salty Pretzels 'n Cheese Dip
- *Nabisco 100 Calorie* – Sweet & Salty Mix Kettle Flavor
- *Nabisco 100 Calorie Nabisco Premium Saltines* – Original, Unsalted Tops, Hint of Salt, Fat Free, Whole Grain, Minis, Fresh Stacks
- *Nabisco Premium Soup & Oyster Crackers*
- *Pepperidge Farm Baked Naturals Cracker Chips* – Simply Potato, Cheddar & Sour Cream Potato, Simply Multi-Grain
- *Pepperidge Farm Baked Naturals Cheese Crisps* – Cheddar, Four Cheese Italian Herb
- *Pepperidge Farm Baked Naturals Wheat Crisps* – Toasted Wheat
- *Pepperidge Farm Distinctive Crackers* – Golden Butter
- *ShopRite Society Crackers*
- *ShopRite Cheese Crackers*
- *ShopRite Whole Wheat Wafers* – Original, Reduced Fat, Rosemary & Olive Oil
- *ShopRite Wheat Snacks* – Original, Reduced Fat
- *ShopRite Saltines* – Original, Fat Free, Unsalted Tops, Wheat
- *ShopRite Bits Crackers* – Original, Low Sodium, Wheat, Roasted Vegetable
- *ShopRite Oyster Crackers*
- *Stoned Wheat Thins* – Original, Lower Sodium, Mini
- *Sunshine Saltines* – Krispy Original
- *Town House* – Original, Wheat, Reduced Fat
- *Town House Toppers* – Original
- *Town House FlipSides Pretzel Crackers* – Original, Reduced Fat, Cheddar, Garlic & Herb
- *Town House Flatbread Crisps* – Italian Herb, Sea Salt & Olive Oil
- *Triscuit* – Original, Reduced Fat, Hint of Salt, Garden Herb, Rosemary & Olive Oil, Fire Roasted Tomato & Olive Oil, Cracked Pepper & Olive Oil, Roasted Garlic, Rye with Caraway Seeds
- *Triscuit Minis* – Original
- *Triscuit Thin Crisps* – Original, Parmesan Garlic, Four Cheeses, Chile Pepper
- *Wheat Thins* – Original, Reduced Fat, Hint of Salt, Ranch, Reduced Fat Garlic & Herb, 100% Whole Grain, Sundried Tomato & Basil, Multigrain, Parmesan & Basil
- *Wheat Thins Fiber Selects* – 5 Grain, Garden Vegetable

GRAHAM CRACKERS

▲ **Skeeter Snacks Cinnamon Grahams** [EGG Processed in Facility]

- Cinnamon Grahams – Plain, Low Fat
- Goldfish Grahams – Cinnamon, Vanilla, Chocolate, Chocolate Chip
- Keebler Grahams – Original, Cinnamon, Honey
- Keebler Scooby-Doo Graham Cracker Sticks – Honey, Cinnamon
- Keebler Grahams Bites – Cinnamon
- Nabisco Grahams – Original
- Nabisco Honey Maid – Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks
- ShopRite – Sugar Honey Grahams, Sugar Honey Grahams Low Fat, Chocolate Grahams
- Teddy Grahams – Cinnamon, Honey, Chocolate, Chocolatey Chip, Mini

COOKIES

- ✓ **Bee Nut Free Cookies** – Chocolate Chip, Oatmeal Cinnamon, Sunny Honey Cookie Drops
- ✓ **Cybele's Free-to-Eat Cookies** – Chocolate Chip, Chocolate Chunk Brownie, Oatmeal Raisin
- ✓ **Divvies Cookies** – Chocolate Brownie, Chocolate Chip, Molasses Ginger, Oatmeal Raisin, Sugar
- ✓ **Enjoy Life Crunchy Cookies** – Chocolate Chip, Double Chocolate, Sugar Crisp, Vanilla Honey Graham
- ✓ **Enjoy Life Soft Baked Cookies** – Chocolate Chip, Double Chocolate Brownie, Gingerbread Spice, Snickerdoodle
- ✓ **HomeFree Gluten Free Cookies** – Chocolate Chip, Oatmeal
- ✓ **HomeFree Gluten Free Mini Cookies** – Chocolate Chip, Double Chocolate Chip, Vanilla
- ✓ **Lucy's Gluten Free Cookies** – Chocolate, Chocolate Chip, Cinnamon Thin, Ginger Snap, Maple Bliss, Oatmeal, Sugar
- ✓ **Sweet Alexis Cookies** – Chocolate Chip, Ginger, Lemon Sugar, Oatmeal Chocolate Chip, Oatmeal, Shortbread, Sunflower Butter Chocolate Chip
- ✓ **Sweet Alexis Novelty Vanilla Cookies** – Baseball, Basketball, Blue, Flower, Happy Face, Heart, Patriotic, Shamrock
- ✓ **Sweet Alexis "Wheatless" Cookies** – Chocolate Chip
- ▲ **Skeeter Snacks Cookies** [Contains EGG] – Chocolate Chip Minis, Chocolate Chunk, Chocolate Cubed, Golden Oatmeal, Skeeter Doodle
- ▲ **Touche' Bakery Biscotti** [Contains EGG] – Extra Cranberry
- ▲ **Touche' Bakery Meringues** [Contains EGG] – Chocolate Chip, Mint Chocolate Chip, Rainbow,
- ▲ **Touche' Bakery Mini Biscotti** [Contains EGG] – Cappuccino Chocolate Chip, Extra Cranberry, Orange Zest, Triple Chocolate
- Barnum's Animal Crackers – Original
- Chips Ahoy – Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini
- Dare Foods-Breaktime – Chocolate Chip, Oatmeal, Ginger
- Dare Foods Pure Chocolate Whippet
- Keebler Vanilla Wafers – Original, Mini
- Lorna Doone Shortbread Cookies
- Nabisco 100 Calorie Packs – Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps
- Nabisco Biscos Sugar Wafers – Creme Filling
- Nabisco Ginger Snaps
- Newtons – Original Fig, Fat Free, Whole Grain, Strawberry, Raspberry
- Newtons Minis – Whole Grain Fig
- Newtons Fruit Crisps – Apple Cinnamon
- Oreos – Original, Double Stuf
- ShopRite Scrunchy Animal Crackers
- Snackwells 100 Calorie Packs – Vanilla Creme Sandwich, Double Chocolate Chip Cookies, Fudge Drizzled Chocolate Chip Cookies, Fudge Shortbread Fudge Petites, Mint Fudge Shortbread Fudge Petites

NUTRITION/CEREAL/ENERGY/GRANOLA BARS and TOASTER PASTRIES

- ✓ **Bee Nut Free Energy Bars (and Bits and Pieces)** – Cranberry Citrus, Sunflower Fig Ginger
- ✓ **Bee Nut Free Granola Bars (and Bits and Pieces)** – Chocolate Chip, Ten Mile Tropical
- ✓ **Candice Foods Energy Bars** – Blueberry Vanilla, Chocolate Cherry, Chocolate Fudge, Chocolate Mint, Chocolate Orange, Mocha Java, Raspberry Banana
- ✓ **Don't Go Nuts Energy Bars** – Blueberry Blast, Boogie Board Bash, Celestial Campout, Gorilla Power, Lift Service, Whitewater Chomp
- ✓ **Enjoy Life Baked Chewy Bars** – Caramel Apple, Cocoa Loco, Mixed Berry, SunButter Crunch
- ✓ **Enjoy Life Decadent Soft Baked Bars** – Cherry Cobbler, Chocolate SunButter, Cinnamon Bun, S'Mores
- ▲ **Vermont Nut Free Tanabar [EGG Processed in Facility]** – Chocolate Chip, Sweet Raisin, Triple Berry
- ✓ **AllerEnergy Nutrition Bars** – Apple Cinnamon, Blueberry, Cherry Blossom, Chocolate Chip
- ✓ **EnerPro** – Double Chocolate Bar, Oatmeal Chocolate Bar
- ✓ **Nonuttin' Granola Bars** – Apple Cinnamon, Chocolate Chip, Double Chocolate Chunk, Raisin
- **Nutri Grain Cereal Bars** – Blueberry, Strawberry, Apple Cinnamon, Blackberry, Mixed Berry, Raspberry, Cherry Pomegranate, Strawberry Acai
- **Special K Bar** – Blueberry, Strawberry, Chocolatey Drizzle, Raspberry Cheesecake, Vanilla Crisp
- **Kellogg's Rice Krispies Treats** – Original
- **Kellogg's Pop Tarts** – Brown Sugar, Cinnamon, Blueberry Unfrosted, Frosted Apple, Frosted Strawberry, Strawberry Unfrosted, Low Fat Frosted Strawberry, Frosted Cherry, Frosted Wild Berry
- **Kellogg's Pop Tart Mini Crisps** – Frosted Chocolate, Frosted Strawberry
- **Nature's Path Organic Toasted Pastries** – Frosted Chocolate, Frosted Strawberry, Frosted Cherry Pomogran, Blueberry

BREAKFAST CEREAL

- ✓ **Enjoy Life Crunchy Cereals** – Crunchy Flax Original, Crunchy Flax with Chia, Crunchy Rice
- ✓ **Freedom Foods Cereals** – Ancient Grains, Cocoa Crunch, Corn Flakes, Maple Crunch, Pro-Teen Crunch, Rice Flakes, Rice Puffs, TropicOs

BAKING/FLOURS/MIXES

- ✓ **Allergic Solution Cake Mixes** – Carob, Vanilla
- ✓ **Allergic Solution Yeast Free Bread Mix**
- ✓ **Allergic Solution Pancake/Waffle Mix**
- ✓ **Amanda's Own Confections** – Chocolate Chips
- ✓ **Divvies Frosting** – Chocolate, Vanilla
- ✓ **Divvies Semisweet Chocolate Chips**
- ✓ **Enjoy Life Baking Chocolate** – Semi-Sweet Mega Chunks, Semi-Sweet Mini Chips
- ✓ **Gerbs Dark Chocolate Chips**
- ✓ **Gerbs Gluten Free Rolled Oats**
- ✓ **HomeFree Gluten Free Oat Flour**
- ✓ **HomeFree Gluten Free Quick Oat Flakes**
- ✓ **HomeFree Organic Tapioca Starch**
- ✓ **HomeFree Soy Lecithin Powder**
- ✓ **HomeFree Sunflower Lecithin Powder**
- ✓ **Southern Homestyle Gluten Free Corn Crumbs** – Cornflake, Tortilla
- ▲ **Vermont Nut Free Candy Melts [EGG Processed in Facility]** – Dark Chocolate, Milk Chocolate, White Chocolate
- ▲ **Vermont Nut Free Chocolate Chips [EGG Processed in Facility]** – Butter Scotch, Milk Chocolate, Semi-Sweet Chocolate, White Chocolate
- ▲ **Vermont Nut Free Cocoa Powder [EGG Processed in Facility]**
- ▲ **Vermont Nut Free Unsweetened Baking Chocolate [EGG Processed in Facility]**

MARSHMALLOW

- ✓ **AllerEnergy** – Marshmallows, Marshmallow Treats, Marshmallow Crème
 - **ShopRite Marshmallows**
 - **Campfire Marshmallows**

CANDY

- ✓ **Amanda's Own Confections** – Assorted Gourmet Jelly Beans, Sour Gummy Bears, Sour Gummy Worms
- ✓ **Charms** – Pops, Blow Pops, Mini Pops
- ✓ **Charms Blow Pop Bubblegum**
- ✓ **Charms Sour Balls**
- ✓ **Charms Squares**
- ✓ **Crows**
- ✓ **Cry Baby Sour Gumballs**
- ✓ **Divvies Solid Gum Balls**
- ✓ **Divvies Super Stars**
- ✓ **Dots**
- ✓ **Double Bubble** – Gumballs, Twist Wrap,
- ✓ **Sugar Daddy**
- ✓ **Surf Sweets** – Fruity Bears, Fruity Hearts, Gummy Bears, Gummy Worms, Peach Rings, Sour Berry Bears, Sour Worms, Spooky Spiders, Watermelon Rings
- ✓ **Surf Sweets Jelly Beans** – Original, Spring Mix
- ✓ **Dots**
- ✓ **Parade Cotton Candy**
- ✓ **Sugar Daddy**
- ✓ **Tear Jerkers Sour Bubble Gum**
- ✓ **Tootsie Fruit Rolls** – Cherry, Lemon, Lime, Orange, Vanilla
- ✓ **Tootsie Pop Drops**
- ✓ **Tootsie Pops** – Cheery, Chocolate, Grape, Orange, Raspberry
- ✓ **Tootsie Roll**
- ▲ **Charleston Chew** [Contains EGG]
- ▲ **Junior Caramels** [EGG processed in facility]
- ▲ **Junior Mints** [EGG processed in facility]
- ▲ **Sugar Babies** [EGG processed in facility]
- ▲ **Vermont Nut Free Jelly Beans** [EGG processed in Facility]
- ▲ **Vermont Nut Free Skippers** [EGG processed in Facility] – Dark Chocolate, Milk Chocolate
- ▲ **Vermont Nut Free Toffee Crunch Bark** [EGG processed in Facility]
 - Andes Mints – All varieties
 - Dum Dum Pops
 - Frooties
 - Good & Plenty
 - Hot Tamales
 - Kraft Caramels
 - Lifesavers Hard Candies
 - Lifesavers Gummies
 - Lifesavers Gummies Collisions
 - Mike and Ike
 - Milk Duds
 - Jolly Rancher Hard Candy
 - Jolly Rancher Doubles
 - Pez
 - Push Pop
 - Red Vines
 - Razzles
 - Rolo
 - Skittles – All varieties
 - Smarties
 - Sour Patch Kids
 - Sour Punch Straws – Apple, Strawberry
 - Starburst Fruit Chews – All varieties
 - Starburst GummiBursts – All varieties
 - Starburst JellyBeans – All varieties
 - Twizzlers – All wrapped varieties
 - Whoppers – Original Only
 - Zours

PEANUT BUTTER ALTERNATIVES/SPREADS

- ✓ **Don't Go Nuts Soy Butter** – Chocolate, Cinnamon Sugar, Lightly Sea Salted, Pure Unsalted, Slightly Sweet
- ✓ **Gerbs Sea Salted Butters** – Pumpkin, Sunflower
- ✓ **I.M. Healthy SoyNut Butter** – Chocolate, Honey Creamy, Honey Chunky, Original Creamy, Original Chunky, Unsweetened Creamy, Unsweetened Chunky
- ✓ **SunButter Sunflower Seed Spread** – Creamy, Natural Creamy, Natural Crunch, Natural No-Stir, Natural No-Stir On the Go, Natural Omega-3, Organic Unsweetened
- ✓ **Wowbutter** – Peanut Butter Taste Creamy, Crunchy

CHOCOLATE

- ✓ **Amanda's Own Confections Chocolate Bars**
- ✓ **Amanda's Own Confections Chocolates** – Shape Varieties, Crispy Bark, Marshmallow Clusters, Peppermint Bark
- ✓ **Divvies Chocolate Bar** – Benamint Crunch, Divvine Chocolate, Semi-Sweet Chocolate with Rice Crunch
- ✓ **Divvies Hand-Poured Chocolate** – Divvisaurus Chocolate Dinosaur, BOO!! X 2 Ghosts, BAG O' BATS
- ✓ **Enjoy Life Boom Choco Boom Chocolate Bars** – Dark Chocolate, Ricemilk Chocolate, Ricemilk Crunch
- ✓ **Pascha Organic Dark Chocolate** – 55% Cacao, 55% Cacao with Cocoa Nibs, 55% Cacao with Goldenberries, 70% Cacao, 85% Cacao
- ✓ **Sun Cups** – Dark Chocolate Mint Cup, Dark Chocolate Sun Butter Cup, Milk Chocolate Caramel Cup, Milk Chocolate Sun Butter Cup
- ▲ **Vermont Nut Free Chocolate Bars [EGG processed in Facility]** – Large, Mini, Small – Crispy, Dark, Milk varieties
- ▲ **Vermont Nut Free Chocolate Coins [EGG Processed in Facility]** – Dark, Milk
- ▲ **Vermont Nut Free Chocolate Covered Mini-Twist Pretzels [EGG Processed in Facility]** – Dark, Milk, White, Assorted
- ▲ **Vermont Nut Free Chocolate Pops [EGG Processed in Facility]** – Every Day, Special Occasion, Sports & Leisure, Summertime – Milk, White varieties
- ▲ **Vermont Nut Free Chocolate Shapes [EGG Processed in Facility]** – Bag of Bugs, Bag of Cats, Bag of Dogs, Dollar signs, Drops, Flower Assortment, Frog, Herd of Cows, Litter of Pigs, School of Fish, Sports Fan Assortment, Tackle Box, Turtle, Unicorn – Crispy, Milk, Dark, White varieties
- ✓ **Nonuttin'** – Dark Chocolate Chunks
 - **Hershey's Chocolate Bars** – 1.55 oz Bars (Note: other sizes may not be safe)
 - **Hershey's Chocolate Kisses** – Plain, Special Dark

FUDGE

- ▲ **Vermont Nut Free Fudge [EGG processed in Facility]** – Chocolate, Maple, White Chocolate

ICE POPS and ICES

- **Dole Fruit Bars** – Variety 12 Pack (Strawberry, Grape, Raspberry)
- **Luigi's Real Italian Ice** – 6 Pack Varieties: Cherry, Lemon, Lemon & Strawberry, Mango, Watermelon & Blue Raspberry
- **Marino's Italian Ice** – 12 Pack Varieties: Blue, Bubble Gum, Cherry, Chocolate, Cola, Grape, Lemon, Lime, Mango, Orange, Pineapple, Rainbow, Strawberry, Tropical, Watermelon
- **ShopRite Red White Blue Pops 12 Pack**
- **Minute Maid Juice Bars** – 12 Pack Varieties: Cherry, Grape, Orange
- **Breyers Pure Fruit Bars** – 12 Pack (Strawberry, Orange, Raspberry)

FROZEN ENTREES/APPETIZERS/SIDES/DESSERTS

- ✓ **Ian's Sweet Potato Fries**
- ▲ **Ian's Alphantots [EGG processed in facility]**
- ▲ **Ian's Breaded Popcorn Turkey Dogs [EGG processed in facility]**
- ▲ **Ian's Chicken Nuggets [EGG processed in facility]**
- ▲ **Ian's Chicken Patties [EGG processed in facility]**
- ▲ **Ian's Chicken Tenders [EGG processed in facility]**
- ▲ **Ian's Cinnamon French Toast Sticks [EGG processed in facility]**
- ▲ **Ian's Fish Sticks [EGG processed in facility]** – Corn Breading, Wheat Breading
- ▲ **Ian's French Bread Pizza [EGG processed in facility]** – Cheesy
- ▲ **Ian's Mac and No Cheese [EGG processed in facility]**
- ▲ **Ian's Onion Rings [EGG processed in facility]**
- ▲ **Ian's Pancrepes [Contains EGG]**– Apple, Blueberry, Sausage, Strawberry
- ▲ **Ian's Smokin' Sweet BBQ Chicken Nuggets [EGG processed in facility]**
- ▲ **Ian's Southwest Chicken Tenders [EGG processed in facility]**
- ▲ **Ian's USDA Organic Chicken Nuggets [EGG processed in facility]**