



Elwood CCSD #203

Approved Snack List

*as referenced in the District #203 Wellness Policy

CLASSROOM BASED SNACKS

In order to promote healthy habits in students and minimize the risk of allergic reactions at school, the following food will be permitted as classroom based snacks and treats within the school day:

<p>Fruits Vegetables Yogurt Cheese or String Cheese Pirate's Booty cheese or Vegetable Snacks Applesauce Cottage Cheese Fruit Cups Jello Raisins, Craisins and other Dried Fruit 100% Fruit Juice Water Kelloggs Original Rice Crispy Treats Lorna Doones Shortbread Cookies Keebler Nilla Wafers Chips Ahoy Cookies (i.e. Original, Chunky, Chewy or Candy Blasts) Oreos (i.e. Original or Double Stuffed)</p>	<p>Pretzels (i.e. Rold Gold, Utz, Pepperidge Farm, Clancy's or Great Value varieties) Fruit Snacks (i.e. Fruit Roll-Ups, Fruit by the Foot, Betty Crocker Fruit Flavored Snack, Market Pantry or Great Value Fruit Smiles varieties) Cheese Crackers (i.e. Cheese Nip, Cheez-Its, Goldfish, Pepperidge Farm Goldfish (No Whales), Savoritz, or Great Value Penguins and Baked Cheese Crackers Varieties) Crackers (i.e. Keebler Club, Keebler Wheatables, Kellogg's Special K Crackers, Kraft Handi-Snacks, Town House, Triscuit, Wheat Thins, Ritz, or Saltine varieties) Cereals (i.e. Shredded Wheat, Cheerios, Apple Jacks, Fruit Loops, Kix, Chex, Great Value Toasted Corn/Rice, Wheat Squares, Crispix, or Cinnamon/Original Life varieties) Graham Crackers (i.e. Teddy Grahams, Goldfish, Keebler, Nabisco, Great Value or Benton's varieties) Soft Baked Cereal Bars (i.e. Nutra Grain or Millville varieties) Popcorn (i.e. Pop Secret, Act II, Jolly Time, SkinnyPop or Orville Redenbacher varieties)</p>
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****Please note that food labels/ingredients may change over time. Please read labels to assure that products are "nut free" and do not "contain traces of peanuts/tree nuts".***