



UNDERSTANDING SUICIDE

AWARENESS, PREVENTION, HOPE

WEDNESDAY, MAY 2ND

6:30 PM - 8:00 PM

Doors will open at 6 pm to visit resource tables

Suicide knows no boundaries, plays no favorites and no one is immune.

All ages, genders, races, classes are affected by suicide.

Suicide is the 2nd leading cause of death for youth in Wisconsin.

In Wisconsin, on average, a person dies of suicide every 10 hours.

Barb Bigalke, MSW, Suicidologist, and Executive Director and Founder of the Center for Suicide Awareness, will lead the presentation

IMPORTANT TOPICS LIKE:

- Understanding causes of suicide attempts and deaths by suicide
- What to do if you or someone you know is struggling with suicidal thoughts
- How to respond to those impacted by a death by suicide
- Overcoming the negative stigma of suicide and mental health

HEAR FROM THOSE WHO:

- Struggled with suicidal thoughts
- Have a loved one who attempted suicide
- Lost a loved one to suicide



Q & A

Ask questions of any of the presenters at the end of the session



Center for
Suicide
Awareness

FREE COMMUNITY EVENT
Refreshments served



LOCATION: NEW LIFE COMMUNITY CHURCH

6258 Crest Drive – Pulaski, WI 54162 – Questions call 920-822-7117