



Public Health
Prevent. Promote. Protect.



Central Valley Health District

Date: 8/9/18

Dear Parents,

As we start our school year, there are a few health related items to bring to your attention:

- Please **review your child's immunization records** to insure that he/she is up to date. If you do not have a current record of your child's immunizations, please contact your clinic or Central Valley Health District. **There are immunization requirements for students entering Kindergarten and Middle School.**
- Central Valley Health will be offering **school based flu clinics** at all schools in Stutsman and Logan counties this fall. By having a flu shot, your child will have increased protection against influenza and also lessen the chance of spreading the "flu bug" to others. There will be more information on these clinics as the schedule develops.
- Central Valley Health will be providing various **vision screenings** at the beginning of the school year for children in kindergarten, first, second, third, and fifth grades.
- We strongly recommend that children entering kindergarten be seen by their physician, eye doctor and dentist prior to beginning the school year. If you have a student participating in sports activities, a physical exam is required prior to the start of practice.

If you have any questions regarding the school nursing services, please feel free to contact our office at the numbers listed below.

Sincerely,

Angie Allmer, RN
School Nurse