

# Middle School Lunch Menu

FEB-MARCH 2019

\*Salad Bar available daily with all entrees\*\* Must Select one fruit or vegetable daily

| MONDAY                                                                                                                                                                                                                                                                                          | TUESDAY                                                                                                                                                                                                                 | WEDNESDAY                                                                                                                                                                                                                                 | THURSDAY                                                                                                                                                                                                            | FRIDAY                                                                                                                                                                                                              |
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| <b>18</b><br><br><b>HOT ENTRÉE</b><br>Taco in a Bag<br>Chicken Nuggets with Bread/Margarine<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Italian Submarine<br>Potato Wedges<br>Milk: Variety | <b>19</b><br><b>HOT ENTRÉE</b><br>Taco in a Bag<br>Chicken Nuggets with Bread/Margarine<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Italian Submarine<br>Potato Wedges<br>Milk: Variety              | <b>20</b><br><b>HOT ENTRÉE</b><br>Mini Corn Dogs<br>Baked Potato with *diced Ham/Cheese / WG Roll<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Ham and Cheese<br>Vegetable Blend<br>Milk: Variety                       | <b>21</b><br><b>HOT ENTREE</b><br>Chicken Fries with Bread/margarine<br>Pizza Burger on Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey and Cheese<br><b>Baked Beans</b><br>Milk: Variety | <b>22</b><br><b>HOT ENTRÉE</b><br>Papa Murphy's Pizza<br>Fish Sticks with Bread/Margarine<br>Yogurt/Fruit/Parfait<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>Assorted WG Sandwich<br>Milk: Variety |
| <b>25</b><br><b>HOT ENTRÉE</b><br>Big Daddy's Pizza<br>Tater Tot Casserole with WG Bread/Margarine<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey Wrap<br>Green Beans<br>Milk: Variety                                                                                   | <b>26</b><br><b>HOT ENTRÉE</b><br>Taco Bar (Choice of Shell)<br>Deluxe Hamburger on Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Submarine<br><b>Bean and Cheese Dip</b><br>Milk: Variety         | <b>27</b><br><b>HOT ENTRÉE</b><br>Beef Hot Dog<br>Spaghetti with WG Garlic Bread Stick<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Ham and Cheese<br>Broccoli and Cheese<br>Milk: Variety                              | <b>28</b><br><b>HOT ENTRÉE</b><br>Corn Dog<br>Beef & Cheese Burrito with Salsa<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey and Cheese<br>Potato Smiles<br>Milk: Variety                   | <b>March 1</b><br><b>HOT ENTRÉE</b><br>Papa Murphy's Pizza<br>*BQ Shredded Pork on Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>Assorted WG Sandwich<br>Seasoned Corn<br>Milk: Variety           |
| <b>4</b><br><b>HOT ENTRÉE</b><br>French Bread Pizza<br>Chicken Burger on Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey Wrap<br>Baked French Fries<br>Milk: Variety                                                                                                  | <b>5</b><br><b>HOT ENTRÉE</b><br>Super Beefy Nachos<br>Hot Turkey – Ham & Cheese on a Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Italian Submarine<br>Batter Bite Potatoes<br>Milk: Variety     | <b>6</b><br><b>HOT ENTRÉE</b><br>Fishwich on Bun/ tartar s.<br>Turkey and Gravy<br>WG Roll/Margarine<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Ham and Cheese<br>Mashed Potatoes<br>Pumpkin Custard<br>Milk: Variety | <b>7</b><br><b>HOT ENTRÉE</b><br>Pizza Sticks / Sauce<br>Cheeseburger on Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey and Cheese<br><b>Baked Beans</b><br>Milk: Variety                | <b>8</b><br><b>HOT ENTRÉE</b><br>Papa Murphy's Pizza<br>Sloppy Joe on Bun<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>Assorted WG Sandwich<br>Yogurt with Fruit<br>Milk: Variety                    |
| <b>11</b><br><b>HOT ENTRÉE</b><br>Assorted Pizza<br>Lasagna with WG Garlic Bread Stick<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey Wrap<br>Seasoned Corn<br>Milk: Variety                                                                                             | <b>12</b><br><b>HOT ENTRÉE</b><br>Taco Bar (Choice of Shell)<br>Chicken Strips with Bread / Margarine<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Submarine<br>Batter Bite Potatoes<br>Milk: Variety | <b>13</b><br><b>HOT ENTRÉE</b><br>Beef Hot Dog<br>Zesty Orange Popcorn<br>Chicken<br>Steamed Broccoli<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Ham and Cheese<br>Rice /Vegetables<br>Milk: Variety                  | <b>14</b><br><b>HOT ENTRÉE</b><br>Chicken Nuggets<br>Breadstick<br>Chili and Breadstick<br><b>COLD SANDWICH</b><br>WG WOW Butter /Jelly Sandwich<br>WG Turkey and Cheese<br>Potato Wedges<br>Milk: Variety          | <b>15</b><br>                                                                                                                  |

\*contains Pork Whole Grain Bread is served with all meals Variety of Milk served with meals

**Lunch Money due March 4th.** Pay at the District Food Service Office or the Middle School Cafe

**Lunch Daily \$2.95 Monthly \$ 59.00 Breakfast Daily \$1.85 Monthly \$37.00**

(Milk Choices offered are 1%, Skim and Chocolate Skim.) **EXTRA ENTRÉE IS \$1.55**

**Please monitor all snacks for ingredients if you have food allergies**

**WOW Soy butter and jelly sandwiches are available as a substitute for PBJ sandwiches.**