



# JAMESTOWN PUBLIC SCHOOL DISTRICT #1

## COVID-19 ILLNESS AND QUARANTINE GUIDELINES

<b>Person A</b> Any person who has tested positive for COVID-19	<b>Person B</b> Any person who lives in the same household as Person A	<b>Person C</b> Any person with close contact to Person A	<b>Person D</b> Any person who has had exposure to Person B or C before quarantine
<b>With Symptoms:</b> Isolation until the following requirements have been met: <ul style="list-style-type: none"> <li>• 10 days since symptoms first appeared <b>AND</b></li> <li>• 24 hours since last fever (without the use of fever reducing medication) <b>AND</b></li> <li>• Symptoms have improved</li> </ul> <i>Note: The 24 hours without fever may possibly occur within the 10 days of isolation or after the 10 day</i>	<b>Without Symptoms:</b> <ul style="list-style-type: none"> <li>• Quarantine immediately</li> <li>• Quarantine while Person A is ill and/or isolated</li> <li>• Quarantine an additional 14 days after Person A has recovered and been released from isolation</li> </ul> <i>Note: Quarantine can last up to 24 days or longer</i>  <b>Person B or C should have a COVID-19 test between days 7-10 of quarantine.</b>	Quarantine for 14 days following date of last exposure <ul style="list-style-type: none"> <li>• Contact Health Department with any questions and further instructions</li> <li>• Monitor self for symptoms and take temperature twice daily</li> </ul> If symptoms develop, notify Primary Care Provider	<u>NO QUARANTINE OR ACTION REQUIRED UNLESS:</u> Person B or C develops symptoms <b>OR</b> tests positive <b>AND</b> Person D had contact within 14 days, then: <ul style="list-style-type: none"> <li>• Monitor self for symptoms and take temperature daily</li> <li>• Contact Health Department with any questions and further instructions</li> </ul> Contact Primary Care Provider
<b>Without Symptoms (Asymptomatic):</b> Isolate for 10 days from the date of first positive test: <ul style="list-style-type: none"> <li>• Monitor self for symptoms and take temperature twice daily</li> </ul>	<b>DEFINITIONS</b>  <b>Close Contact:</b> Anyone who was within six feet of an infected person for at least 15 cumulative minutes starting from 48 hours prior to the person having symptoms. <b>Isolation:</b> Separating infected individuals with a contagious disease from people who are healthy. <b>Quarantine:</b> separating and restricting the movement of a person exposed to a contagious disease to monitor if they become ill. <b>Insignificant Exposure:</b> Contact with an infected individual for less than 15 cumulative minutes and/or maintaining a distance of over or equal to six feet.		