

Jamestown Blue Jays Cross Country - Girls  
 North Dakota Class 'A' - All-Conference Athletes  
 EDC: 1968-2005 / WDA - 2006-Present

<u>Name</u>	<u>Year(s)</u>	<u>Name</u>	<u>Year(s)</u>
Allen, Bobbi	1993	Monson, Marie	2008
Allmer, Alison	2008, 2009, 2010, 2011	Neva, Jessica	1995, 1996, 1997, 1998
Babcock, Heather	1994	Nygaard, Brooklyn	2020
Benke, Lori	2001, 2002, 2005	Ortegon, Nancy	1978
Bow, Tammie	1978, 1979, 1980	Paulsrud, Kari	1999, 2000
Bower, Jenny	1992	Rowell, Beth	1981
Braunberger, Allyson	1978, 1979, 1980, 1981, 1982	Schatz, Talli	1997, 1998, 1999
Braunberger, Katlin	2001, 2002	Schauer, Sarah	1988, 1990
Clarys, Jessica	2001, 2002	Schmeichel, Jenny	1986, 1987, 1988, 1989, 1990, 1991
Codwell, Cheri	1978, 1979, 1980	Scholz, Jeffa	1990, 1991, 1992
Conlon, Katie	2003, 2004, 2005, 2006, 2007	Schweitzer, Jessica	1994, 1995, 1996, 1997, 1998
Conlon, Maggie	1997, 1998, 1999, 2000, 2001, 2002	Sjostrom, Kris	1981
Cornell, Annie	1995, 1996, 1997, 1998	Smith, Traci	1980, 1982, 1983
Cowardin, Nancy	1979, 1980, 1981, 1982, 1983	Speller, Tania	1988, 1989
Falk, Jennifer	1997, 1998, 1999, 2000, 2001	Steffan, Erin	1995, 1996, 1997, 1998
Falk, Kristi	2001, 2002, 2005, 2006	Steffan, Laura	1995, 1996, 1997
Falk, Melissa	1999, 2000, 2001, 2002	Steinborn, Tonya	1997
Flaig, Amber	1997, 1998, 2000	Storbeck, Jill	1992, 1993
Ford, Meghan	2016, 2017, 2018, 2019, 2020	Trouba, Barb	1981, 1982, 1983
Fox, Christina	1993, 1994, 1995, 1996, 1997, 1998	Wanzek, Bonnie	1980, 1981, 1982
Fox, Kim	1991, 1992, 1993, 1994, 1995	Wanzek, Casey	1992, 1993, 1994, 1995
Fox, Laurie	1990, 1991, 1992, 1993, 1994	Wanzek, Stacy	1999
Fritz, Laurie	1980	Wegner, Brenda	1978
George, Jaymee	2016	Williams, Kari	1988, 1989, 1990
Godel, Nicole	1993	Wilson, Jaime	1993
Greenwood, Anne	1981, 1982, 1983	Wilson, Tammy	1978
Greenwood, Karen	1996	Zimney, Mandi	1991, 1992, 1993
Hanstad, Kim	1978	Zink, Breanna	2004
Hastings, Lexy	2006, 2007		
Hauck, Tammy	1978, 1979		
Henke, Alison	1988		
Hornung, Madeline	2002, 2003, 2004, 2005		
Johns, Nancy	1979		
Johnson, Noela	1994		
Kautzman, Lindsay	2004, 2005, 2008		
Knoblich, Michelle	1980, 1981, 1982, 1983		
Knutson, Karla	1978, 1979, 1980, 1981		
Krawczyk, Cyndy	1984		
Kropp, Vicki	1978		
Lawler, Kathy	1978		
Mansavage, Kay	1979		
McCauley, Jesika	2003		
McMillan, Beth	2004, 2005		
Mielke, Dawn	1988, 1989, 1990, 1991		
Mogek, Judy	1980		