




**Elementary Lunch Menu K-5
February 2018
Heart Healthy Month**

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Cold Entrée Offerings
Monday – Turkey & Cheese Sandwich
Tuesday – Ham & Cheese Sandwich
Wednesday – Yogurt Lunch
Thursday – Super Hero Sub
Friday – Tuna Wrap
If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast.



**Lunch Price - \$1.75
Milk Price - \$.65**

**Weekly Salad Special
Peppi Pizza Salad**

Grilled Cheese Sandwich
Tomato Soup and **Carrots** ♥
Fresh Fruit or Diced Pears
Frosty Milk Variety

**Healthy Heart Day 2
Wear Red**
Hot Dog/Bun
Broccoli or Green Beans
Fresh Fruit or Assorted Mixed Fruit
Frosty Milk Variety

**Weekly Salad Special
Chef Salad** 5
Chicken Nugget Sub
Oven Baked Fries
Or **Corn Niblets** ♥
Fresh Fruit or Pineapple Tidbits
Frosty Milk Variety

Macaroni & Cheese 6
w/ Slice of Bread
Broccoli ♥
or Mixed Vegetables
Fresh Fruit or Diced Peaches
Frosty Milk Variety

Bosco Cheese Stick 7
Baked Tater Tots or **Celery Sticks** ♥
Fresh Fruit or Applesauce
Frosty Milk Variety

Nachos Grande 8
w/Rice
Vegetarian Beans or **Green Beans** ♥
Fresh Fruit or Diced Pears
Frosty Milk Variety

Chicken Patty/Bun 9
Steamed Carrots ♥ or
Roasted Brussel Sprouts
Fresh Fruit or Assorted Mixed Fruit
Frosty Milk Variety

Weekly Salad Special Chef Salad **Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.**

Macaroni & Beef 12
w/ Garlic Toast
Sweet Green Peas or Baked Beans
Fresh Fruit or Mandarin Oranges
Frosty Milk Variety

Turkey & Gravy 13
w/ Rice
Mashed Potatoes and **Corn Niblets** ♥
Fresh Pineapple or Diced Peaches
Frosty Milk Variety

French Toast Sticks & Syrup 14
w/ Sausage
Broccoli or Baked Oven Fries
Fresh Fruit or Applesauce
Frosty Milk Variety

Grilled Cheese Sandwich 15
Tomato Soup and **Carrot Coins** ♥
Fresh Fruit or Diced Pears
Frosty Milk Variety

Hot Dog/Bun 16
Broccoli or Green Beans
Fresh Fruit or Assorted Mixed Fruit
Frosty Milk Variety

**February 19-23
No School** 19
**Mid-Winter Recess
No School**

**Mid-Winter Recess
No School** 20

**Mid-Winter Recess
No School** 21

**Mid-Winter Recess
No School** 22

**Mid-Winter Recess
No School** 23

**Weekly Salad Special
Chicken Nugget Salad** 26
Meatball Sub
Mixed Vegetables or Broccoli
Fresh Fruit or Pineapple Tidbits
Frosty Milk Variety

Mozzarella Sticks 27
w/ Dipping Sauce
Broccoli or **Steamed Carrots** ♥
Fresh Fruit or Diced Peaches
Frosty Milk Variety

Cinnamon Sticks 28
w/ Ham
Baked Tater Tots or **Celery Sticks** ♥
Fresh Fruit or Applesauce
Frosty Milk Variety



Meal Components:
Protein, Grain, Fruit, Vegetable and Milk

All grains are whole grain rich.

Available Daily
Peanut Butter & Jelly Sandwich/Fresh Baked Cheese Pizza
Baby Carrots (1/4 c)
USDA and this institution are equal opportunity providers and employers.
Choice of Milk Available with Lunch:
Low-Fat White, Fat Free White, Fat Free Chocolate, Fat Free Strawberry

