



Albion Middle School Lunch Menu 6-8 February 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Choice of Milk Available with Lunch:
Low-Fat White, Fat-Free White, Fat-Free Chocolate

Entrees Available Daily
Cheese/Pepperoni Pizza, Specialty Pizza, Salads, Cold Sandwich, Yogurt Parfaits,
Burgers/Cheeseburgers
Peanut Butter & Jelly Sandwich
Baby Carrots (1/4 c)
All Breads and Grains are Whole Grain Rich
Lunch Price: \$1.75 Milk: \$.65

Grilled Cheese Sandwich 1

Tomato Soup and Carrots

Fresh Fruit or Diced Pears
Frosty Milk Variety

Nacho Taco Bowl w/ Rice 2

Broccoli or Green Beans

Fresh Fruit or Assorted Mixed Fruit
Frosty Milk Variety

Buffalo Chicken Sub 5

Oven Baked Fries or Corn Niblets

Fresh Fruit or Pineapple Tidbits
Frosty Milk Variety

Macaroni & Cheese w/ Dinner Roll 6

Broccoli or Mixed Vegetables

Fresh Fruit or Diced Peaches
Frosty Milk Variety

French Toast Sticks & Syrup w/ Sausage 7

Baked Tater Tots or Celery Sticks

Fresh Fruit or Applesauce
Frosty Milk Variety

Taco in a Bag w/ Rice 8

Vegetarian Beans or Green Beans

Fresh Fruit or Pears
Frosty Milk Variety

Cheesy Breadsticks w/ Dipping Sauce 9

Steamed Carrots or Roasted Brussel Sprouts

Fresh Fruit or Assorted Mixed Fruit
Frosty Milk Variety

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.

Bosco Cheese Sticks w/ Tomato Dipping Sauce 12

Vegetarian Beans or Sweet Peas

Fresh Fruit or Pineapple Tidbits
Frosty Milk Variety

Turkey & Gravy w/ Steamed Rice 13

Whipped Potatoes & Gravy and Corn

Fresh Pineapple or Diced Peaches
Frosty Milk Variety

Pancakes & Syrup w/ Sausage 14

Baked Oven Fries or Broccoli

Fresh Fruit or Applesauce
Frosty Milk Variety

Chicken Tenders w/ Dipping Sauces 15

Steamed Carrots or Green Beans

Fresh Fruit or Diced Pears
Frosty Milk Variety

Philly Beef Sub 16

Broccoli or Cauliflower

Fresh Fruit or Assorted Mixed Fruit
Frosty Milk Variety

19

**Mid-Winter Break
No School**

20

**Mid-Winter Break
No School**

21

**Mid-Winter Break
No School**

22

**Mid-Winter Break
No School**

23

**Mid-Winter Break
No School**

Beef & Cheese Quesadilla 26

Broccoli or Mixed Vegetables

Fresh Fruit or Pineapple Tidbits
Frosty Milk Variety

Italian Pasta Bake w/ Garlic Toast 27

Tossed Romaine Salad or Steamed Carrots

Fresh Fruit or Diced Peaches
Frosty Milk Variety

Cinnamon Sticks w/ Sausage 28

Baked Tater Tots or Celery Sticks

Fresh Fruit or Applesauce
Frosty Milk Variety



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