

Ground Rules/Group Norms

1. Listen actively – respect others when they are talking.
2. Speak from your own experience instead of generalizing (“I” instead of “they,” “we,” and “you”).
3. Do not be afraid to respectfully challenge one another by asking questions, but refrain from personal attacks – focus on ideas.
4. Participate to the fullest of your ability – community growth depends on the inclusion of every individual voice.
5. Recall that the goal is not necessarily to agree – it is to gain a deeper understanding.
6. Be conscious of body language and nonverbal responses – they can be as disrespectful as words.
7. What is said in the room, stays in the room.
8. Assume good intentions.