

THRIVE TALKS

Speaker Series: Inspiring Healthy Families

Hosted by Thrive Counseling Center

7:00 p.m. — 8:30 p.m.

Oak Park Public Library, Main Library, Veterans Room

834 Lake Street, Oak Park, IL 60301

TALK #1: January 31, 2019

Creating a Peaceful Family with Steven Parker, LMFT

TALK #2: February 21, 2019

Social Media and Technology: The Effect on Families with Heidi Hamernik, PhD and Isaac Lopez, LCSW

TALK #3: March 21, 2019

Caring for Family Members Living with Dementia: Navigating the Ambiguity with Darby Morhardt, PhD, LCSW

TALK #4: May 9, 2019

Help, Support, and Encouragement for Families Living with Mental Illness with Marian Sassetti, MD, FAAFP

All THRIVE TALKS are open to the public and free of charge.



HOPE RESILIENCE RECOVERY