



Slush Puppie Plus Nutrition Update

Dear Parent,

I am very happy to update you on the recent addition of one of the school's menu items, **Slush Puppie PLUS FORTIFIED 100% fruit juice**. A blend of apple, white grape, watermelon and lemon juices, this beverage is a "best-for-you" frozen juice alternative that complies with all school nutritional requirements required under the Healthy, Hunger Free Kids Act of 2010 that has been implemented nationally, as well as in our school district.

If you weren't aware, Slush Puppie Plus FORTIFIED 100% fruit juice offers students a non-carbonated, caffeine-free alternative with no cholesterol. And for those students who are lactose intolerant or have gluten issues, this is a healthy choice available in the cafeteria. These fruit juices meet the FDA standards for what is allowable in the school meals program - breakfast, lunch, after-school and / or as healthy snack during the day. A 4 oz. serving is equivalent to a 1/2 cup serving of fruit. It qualifies as a CN label component meeting the fruit requirement for the National School Lunch Program (NSLP) and the School Breakfast Program (SBP).

All 20 flavors of Slush Puppie PLUS are FORTIFIED with vitamins A, D, and E in addition to 100% of the RDV of Vitamin C. Each contains ONLY 89 calories for a 6 ounce serving and 59 calories for a 4 ounce serving and boast added Calcium and Fiber as well. What these flavors DON'T contain? Absolutely NO High Fructose Corn Syrup, artificial sweeteners or Sodium have been added to Slush Puppie PLUS FORTIFIED 100% juices.

Additionally, Slush Puppie Plus Fortified 100% fruit juice meets the Alliance for a Healthier Generation's national guidelines. (This organization was jointly founded by the American Heart Association and the William J. Clinton Foundation). It complies with the USDA Smart Snacks in the Alliance for a Healthier Generation's School Guidelines meeting all the requirements on the Alliance Product Calculator for Smart Snacks!

https://www.healthiergeneration.org/take_action/schools/snacks_and_beverages/smart_snacks/alliance_product_calculator/

For all of these reasons, and for Slush Puppie's 40+ year commitment to student nutrition, we are very happy to have Slush Puppie PLUS FORTIFIED 100% fruit juice at our schools as a healthy option for our students by bringing excitement, enthusiasm and added nutrition into your child's day.

Sincerely,

Eileen Bentzen

*Foodservice Director
Littlestown Area School District*



Healthy Schools Program