



# STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14

SERVING THE LITTLESTOWN AREA

- Strengthens parent/youth communication skills and relationships.
- Helps families to navigate the challenges of the teen years.
- Activities promote family problem solving and can reduce conflict between parent and child.

**Maple Avenue Middle School**

Tuesdays,

October 2nd - November 13th

6:00 pm to 8:30 pm



SFP meets one night a week over seven weeks for parent/caregiver, youth and family activities. This program is at no cost and also includes a weekly family-style dinner and on-site childcare (up to age 9). As a bonus, each participating family will receive a \$25 gift card the second night and another \$25 gift card upon graduation to help cover transportation costs.

Don't miss out on this opportunity. Register early to save your spot.

Call or email Keyra Benner at 717-338-0300 x 26 or  
[strengtheningfamilies@cfygettysburg.com](mailto:strengtheningfamilies@cfygettysburg.com) to register today.

# UPCOMING DATES

## *Strengthening Families Program*

Maple Avenue Middle School

Tuesdays, October 2nd - November 20th

6:00 pm to 8:30 pm



Make a difference for  
your family

SFP is a seven session  
effective program that:

- ◆ Prevents substance abuse, truancy, early sexual activity, and other unwanted behaviors.
- ◆ Strengthens the family communication and builds parent-child relationship.
- ◆ Can increase academic success and school attendance.

### To Register

Call Keyra Benner at 717-338-0300 x 26 or email at

[strengtheningfamilies@cfygettysburg.com](mailto:strengtheningfamilies@cfygettysburg.com)

*OR provide your information below & fax to 717-338-0304 & we will contact you.*

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Best time to call: \_\_\_\_\_ May we leave a voicemail? \_\_\_\_\_

Email Address: \_\_\_\_\_

*The **Strengthening Families Program** is a CFY collaborative project implemented by the Center For Youth & Community Development and Littlestown School District & funded by the County of Adams and the York/Adams Drug & Alcohol Commission.*

**COLLABORATING**

Doing what works  
in Adams County

**FOR YOUTH**